Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Hospital, Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: NAAC 7.2

Date: 23-09-2026

FORMAT OF PRESENTATION OF BEST PRACTICES

1	**Title of the Practice** **This title should capture the keywords that describe the practice.**	**DHANWANTRI AWARD 2026** **Spoorthi Ayurveda Medical College Gangavathi Offers Scope and empowerment of Ayurveda and Yoga Practitioners in the society, In the Year 2026 on the occasion of Dhanwantri Jayanti the Dhanwantri award Bagged by Dr Kashinath Samagandi for his outstanding work in the field of Ayurveda.**
2	**Objectives of the Practice** **What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?**	**Objectives:** **1. Recognize Excellence in Ayurveda: To honor individuals or institutions that have made significant contributions to the practice, research, or propagation of Ayurveda.** **2. Promote Traditional Indian Medicine: Encourage the use and integration of Ayurveda into modern health systems.** **3. Inspire New Practitioners: Motivate upcoming doctors and researchers to pursue careers in Ayurveda with commitment and integrity.** **4. Preserve Cultural Heritage: Support and preserve ancient Indian medical knowledge and practices.** **5. Encourage Innovation: Promote innovation in Ayurvedic treatments,**

		herbal formulations, and research.
3	**The Context** **What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?**	**In implementing initiatives like the Dhanwantri and Yogashree Award practices at Spoorthi Ayurveda Medical College, Gangavathi, several contextual challenges had to be addressed. Located in a semi-rural region of Karnataka, the college faced limitations in infrastructure, research funding, and exposure compared to institutions in metropolitan areas. Encouraging documentation of innovative practices and contributions in a format suitable for award nominations posed another hurdle. The rural context also made it challenging to showcase community impact on a national scale, despite strong outreach work. All the members to actively participate in such recognition platforms.**
4	**The Practice** **Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?**	**The Practice** **Spoorthi Ayurveda Medical College, Gangavathi, has been actively working to integrate traditional Ayurvedic knowledge with modern educational practices in higher education. In a country like India, where Ayurveda is recognized as a formal system of medicine, the challenge is to maintain the authenticity of ancient wisdom while aligning with modern standards of research, documentation, and evidence-based practice. Spoorthi College has adopted a unique approach by promoting holistic education that emphasizes classical Ayurvedic texts, clinical training, rural healthcare service, and national-level recognition platforms such as the Dhanwantri Award and Yogashree Award.** **The college encourages faculty and students**

		to participate in community outreach, herbal drug research, and interdisciplinary seminars, making their contributions eligible for prestigious national awards. This practice not only motivates academic excellence but also enhances the credibility of Ayurveda in the eyes of the public and scientific communities. Students are mentored in documentation, publication, and innovation, preparing them to contribute meaningfully to national health
5	**Evidence of Success** **Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 200 words.**	**The outcomes of Spoorthi Ayurveda Medical College's integrated approach to traditional education and national recognition have been evident through several key achievements. Over the past five years, the college has seen a significant increase in student participation in national and state-level seminars, paper presentations, and research competitions. Notably, faculty and alumni have received nominations for prestigious recognitions like the** Yogashree Award, **while students have been shortlisted in competitions aligned with the** Dhanwantri Ayurveda Awards **criteria, reflecting the impact of targeted mentoring and capacity building.** **Internally, student pass percentages and graduate employability have steadily improved, with over 93%.** **These results indicate that, despite its rural location, Spoorthi College is meeting and exceeding many academic and outreach benchmarks typical of urban institutions. The increased visibility and participation at the national level reflect a growing recognition of the college's role in promoting quality Ayurvedic education and practice, validating its efforts toward academic excellence and social impact.**

6	**Problems Encountered and Resources Required** **Please identify the problems encountered and resources required to implement the practice (in about 150 words)**	**Problems Encountered and Resources Required** **Implementing practices aimed at promoting Ayurveda education and national-level recognition at Spoorthi Ayurveda Medical College came with several challenges. Key problems included** limited financial resources **to support advanced research infrastructure, digital learning tools, and faculty development programs. Being in a** semi-urban region, **the college also faced** difficulty attracting highly qualified faculty **and resource persons with national-level experience. There was a noticeable** gap in research methodology training, **hindering students and staff from preparing submissions for awards like the Dhanwantri and Yogashree. Additionally,** language barriers **and limited access to** online academic databases **made it harder to document and publish research findings.** **To overcome these challenges, the college required increased funding for** research labs, e-resources, and faculty training, **along with collaborations with** recognized Ayurvedic research bodies. **Support from government schemes, AYUSH funding, and academic networking were identified as critical resources to sustain and expand these best practices effectively.**
7	**Notes (Optional)** **Please add any other information that may be relevant for adopting/ implementing the Best Practice in other Institutions (in about 150 words).**	**NILL**

30/10/2025

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Vidyanagar, GANGAVATHI-583 227.

Geo tag Photo

Dhanwantri Award bagged by Dr Kashinath Samagandi for his outstanding practice in Ayurveda on the occasion National Ayurveda day and Dhanwantri Jayanti 23-09-2026 the award is presented.



30/10/2026

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurveda Hospital,
Vidyanagar, GANGAVATHI-583 227.

Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Hospital, Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: NAAC 7.2 **Date: 23-09-2025**

FORMAT OF PRESENTATION OF BEST PRACTICES

1	**Title of the Practice** **This title should capture the keywords that describe the practice.**	**DHANWANTRI AWARD 2025** **Spoorthi Ayurveda Medical College Gangavathi Offers Scope and empowerment of Ayurveda and Yoga Practitioners in the society, In the Year 2025 on the occasion of Dhanwantri Jayanti the Dhanwantri award Bagged by Dr Shreya Vaidya for her outstanding work in the field of Ayurveda.**
2	**Objectives of the Practice** **What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?**	**Objectives:** **1. Recognize Excellence in Ayurveda: To honor individuals or institutions that have made significant contributions to the practice, research, or propagation of Ayurveda.** **2. Promote Traditional Indian Medicine: Encourage the use and integration of Ayurveda into modern health systems.** **3. Inspire New Practitioners: Motivate upcoming doctors and researchers to pursue careers in Ayurveda with commitment and integrity.** **4. Preserve Cultural Heritage: Support and preserve ancient Indian medical knowledge and practices.** **5. Encourage Innovation: Promote innovation in Ayurvedic treatments, herbal formulations, and research.**

3	**The Context** **What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?**	**In implementing initiatives like the Dhanwantri and Yogashree Award practices at Spoorthi Ayurveda Medical College, Gangavathi, several contextual challenges had to be addressed. Located in a semi-rural region of Karnataka, the college faced limitations in infrastructure, research funding, and exposure compared to institutions in metropolitan areas. Encouraging documentation of innovative practices and contributions in a format suitable for award nominations posed another hurdle. The rural context also made it challenging to showcase community impact on a national scale, despite strong outreach work. All the members to actively participate in such recognition platforms.**
4	**The Practice** **Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?**	**The Practice** **Spoorthi Ayurveda Medical College, Gangavathi, has been actively working to integrate traditional Ayurvedic knowledge with modern educational practices in higher education. In a country like India, where Ayurveda is recognized as a formal system of medicine, the challenge is to maintain the authenticity of ancient wisdom while aligning with modern standards of research, documentation, and evidence-based practice. Spoorthi College has adopted a unique approach by promoting holistic education that emphasizes classical Ayurvedic texts, clinical training, rural healthcare service, and national-level recognition platforms such as the Dhanwantri Award and Yogashree Award.** **The college encourages faculty and students to participate in community outreach, herbal drug research, and interdisciplinary**

		seminars, making their contributions eligible for prestigious national awards. This practice not only motivates academic excellence but also enhances the credibility of Ayurveda in the eyes of the public and scientific communities. Students are mentored in documentation, publication, and innovation, preparing them to contribute meaningfully to national health
5	**Evidence of Success** **Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 200 words.**	**The outcomes of Spoorthi Ayurveda Medical College's integrated approach to traditional education and national recognition have been evident through several key achievements. Over the past five years, the college has seen a significant increase in student participation in national and state-level seminars, paper presentations, and research competitions. Notably, faculty and alumni have received nominations for prestigious recognitions like the** Yogashree Award, **while students have been shortlisted in competitions aligned with the** Dhanwantri Ayurveda Awards **criteria, reflecting the impact of targeted mentoring and capacity building.** **Internally, student pass percentages and graduate employability have steadily improved, with over 93%.** **These results indicate that, despite its rural location, Spoorthi College is meeting and exceeding many academic and outreach benchmarks typical of urban institutions. The increased visibility and participation at the national level reflect a growing recognition of the college's role in promoting quality Ayurvedic education and practice, validating its efforts toward academic excellence and social impact.**
6	**Problems Encountered and Resources Required**	**Problems Encountered and Resources Required**

	Please identify the problems encountered and resources required to implement the practice (in about 150 words)	**Implementing practices aimed at promoting Ayurveda education and national-level recognition at Spoorthi Ayurveda Medical College came with several challenges. Key problems included** limited financial resources **to support advanced research infrastructure, digital learning tools, and faculty development programs. Being in a** semi-urban region, **the college also faced** difficulty attracting highly qualified faculty **and resource persons with national-level experience. There was a noticeable** gap in research methodology training, **hindering students and staff from preparing submissions for awards like the Dhanwantri and Yogashree. Additionally,** language barriers **and limited access to** online academic databases **made it harder to document and publish research findings.** **To overcome these challenges, the college required increased funding for** research labs, e-resources, and faculty training, **along with collaborations with** recognized Ayurvedic research bodies. **Support from government schemes, AYUSH funding, and academic networking were identified as critical resources to sustain and expand these best practices effectively.**
7	**Notes (Optional)** **Please add any other information that may be relevant for adopting/ implementing the Best Practice in other Institutions (in about 150 words).**	**NILL**

IQAC Coordinator

Principal

Geo tag Photo

PRINCIPAL
Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Vidyanagar, GANGAVATHI-583 227.

Dhanwantri Award bagged by Dr Shreya Vaidya for her outstanding practice in Ayurveda on the occasion National Ayurveda day and Dhanwantri Jayanti 23-09-2025 the award is presented.



30/10/2025

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Gangavathi-583 227.

Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Hospital, Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: NAAC 7.2 **Date: 21-06-2026**

FORMAT OF PRESENTATION OF BEST PRACTICES

1	**Title of the Practice** **This title should capture the keywords that describe the practice.**	**YOGASHREE AWARD 2026** **Spoorthi Ayurveda Medical College Gangavathi Offers Scope and empowerment of Ayurveda and Yoga Practitioners in the society, In the Year 2026 on the occasion of International Yoga Day 21-06-2026 the YOGASHREE AWARD Bagged by late Shree Shanthaveer Swamy Gandamath for his outstanding work in the field of Yoga**
2	**Objectives of the Practice** **What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?**	**Objectives:** **1. Recognize Excellence in Yoga: To honor individuals or institutions that have made significant contributions to the practice, research, or propagation of Yoga.** **2. Promote Traditional Indian Medicine: Encourage the use and integration of Ayurveda & Yoga into modern health systems.** **3. Inspire New Practitioners: Motivate upcoming doctors and researchers to pursue careers in Ayurveda with commitment and integrity.** **4. Preserve Cultural Heritage: Support and preserve ancient Indian medical knowledge and practices.** **5. Encourage Innovation: Promote innovation in Ayurvedic treatments,**

		herbal formulations, and research
3	**The Context** **What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?**	**In implementing initiatives like the Dhanwantri and Yogashree Award practices at Spoorthi Ayurveda Medical College, Gangavathi, several contextual challenges had to be addressed. Located in a semi-rural region of Karnataka, the college faced limitations in infrastructure, research funding, and exposure compared to institutions in metropolitan areas. Encouraging documentation of innovative practices and contributions in a format suitable for award nominations posed another hurdle. The rural context also made it challenging to showcase community impact on a national scale, despite strong outreach work. All the members to actively participate in such recognition platforms.**
4	**The Practice** **Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?**	**The Practice** **Spoorthi Ayurveda Medical College, Gangavathi, has been actively working to integrate traditional Ayurvedic knowledge with modern educational practices in higher education. In a country like India, where Ayurveda is recognized as a formal system of medicine, the challenge is to maintain the authenticity of ancient wisdom while aligning with modern standards of research, documentation, and evidence-based practice. Spoorthi College has adopted a unique approach by promoting holistic education that emphasizes classical Ayurvedic texts, clinical training, rural healthcare service, and national-level recognition platforms such as the Dhanwantri Award and Yogashree**

		Award. **The college encourages faculty, praticoners and students to participate in community outreach, herbal drug research, and interdisciplinary seminars, making their contributions eligible for prestigious national awards. This practice not only motivates academic excellence but also enhances the credibility of Ayurveda in the eyes of the public and scientific communities.**
5	**Evidence of Success** **Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 200 words.**	**The outcomes of Spoorthi Ayurveda Medical College's integrated approach to traditional education and national recognition have been evident through several key achievements. Over the past one years, the college has seen a significant increase in student participation in national and state-level seminars, paper presentations, and research competitions. Notably, faculty and alumni praticoners have received nominations for prestigious recognitions like the Yogashree Award, while students have been shortlisted in competitions aligned with the Dhanwantri Ayurveda Awards criteria, reflecting the impact of targeted mentoring and capacity building.** **Internally, student pass percentages has increased and the praticienores awarde of the event got name and fame in Karnataka** **Spoorthi College is meeting and exceeding many academic and outreach benchmarks. The increased visibility and participation at the national level reflect a growing recognition of the college's role in promoting quality Ayurvedic education and practice, validating its efforts toward academic excellence and social impact.**

6	**Problems Encountered and Resources Required** **Please identify the problems encountered and resources required to implement the practice (in about 150 words)**	**Problems Encountered and Resources Required** **Implementing practices aimed at promoting Ayurveda education and national-level recognition at Spoorthi Ayurveda Medical College came with several challenges. Key problems included limited financial resources.College faced challenges in selection of Pure ayurvedic practitionors & Yogic practitionors because limited practitionors are practising the pure ayurveda and Yogic practices**
7	**Notes (Optional)** **Please add any other information that may be relevant for adopting/ implementing the Best Practice in other Institutions (in about 150 words).**	**NILL**

30/10/2025

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical Co... &
Dr S.V.Savadi Ayurvedic Hos...
Vidyanagar, GANGAVATHI-583...

Geo tag Photo

Spoorthi Yogashree Award bagged by late Shree Shanthaveer Swamy Gandamath for his outstanding practice and Performance in Yoga on the occasion of International Day of Yoga 21-06-2026.



30/10/2026

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Vidyanagar, GANGAVATHI-583 227.

Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical college Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

DATE: 29-10-2024

FORMAT OF PRESENTATION OF BEST PRACTICES

1	**Title of the Practice** **This title should capture the keywords that describe the practice.**	**DHANWANTRI AWARD 2024** **Spoorthi Ayurveda Medical College Gangavathi Offers Scope and empowerment of Ayurveda and Yoga Practitioners in the society, In the Year 2024 on the occasion of Dhanwantri Jayanti the Dhanwantri award Bagged by Dr Sunil Arali for his outstanding work in the field of Ayurveda.**
2	**Objectives of the Practice** **What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?**	**Objectives:** **1. Recognize Excellence in Ayurveda: To honor individuals or institutions that have made significant contributions to the practice, research, or propagation of Ayurveda.** **2. Promote Traditional Indian Medicine: Encourage the use and integration of Ayurveda into modern health systems.** **3. Inspire New Practitioners: Motivate upcoming doctors and researchers to pursue careers in Ayurveda with commitment and integrity.** **4. Preserve Cultural Heritage: Support and preserve ancient Indian medical knowledge and practices.** **5. Encourage Innovation: Promote innovation in Ayurvedic treatments, herbal formulations, and research.**

3	**The Context** **What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?**	**In implementing initiatives like the Dhanwantri and Yogashree Award practices at Spoorthi Ayurveda Medical College, Gangavathi, several contextual challenges had to be addressed. Located in a semi-rural region of Karnataka, the college faced limitations in infrastructure, research funding, and exposure compared to institutions in metropolitan areas. Encouraging documentation of innovative practices and contributions in a format suitable for award nominations posed another hurdle. The rural context also made it challenging to showcase community impact on a national scale, despite strong outreach work. All the members to actively participate in such recognition platforms.**
4	**The Practice** **Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?**	**The Practice** **Spoorthi Ayurveda Medical College, Gangavathi, has been actively working to integrate traditional Ayurvedic knowledge with modern educational practices in higher education. In a country like India, where Ayurveda is recognized as a formal system of medicine, the challenge is to maintain the authenticity of ancient wisdom while aligning with modern standards of research, documentation, and evidence-based practice. Spoorthi College has adopted a unique approach by promoting holistic education that emphasizes classical Ayurvedic texts, clinical training, rural healthcare service, and national-level recognition platforms such as the Dhanwantri Award and Yogashree Award.** **The college encourages faculty and students to participate in community outreach, herbal drug research, and interdisciplinary seminars, making their contributions eligible for prestigious national awards. This practice not only motivates academic excellence but also enhances the credibility of Ayurveda in the eyes of the public and scientific communities. Students are mentored in**

		documentation, publication, and innovation, preparing them to contribute meaningfully to national health
5	**Evidence of Success** Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 200 words.	The outcomes of Spoorthi Ayurveda Medical College's integrated approach to traditional education and national recognition have been evident through several key achievements. Over the past five years, the college has seen a significant increase in student participation in national and state-level seminars, paper presentations, and research competitions. Notably, faculty and alumni have received nominations for prestigious recognitions like the Yogashree Award, while students have been shortlisted in competitions aligned with the Dhanwantri Ayurveda Awards criteria, reflecting the impact of targeted mentoring and capacity building. Internally, student pass percentages and graduate employability have steadily improved, with over 93%. These results indicate that, despite its rural location, Spoorthi College is meeting and exceeding many academic and outreach benchmarks typical of urban institutions. The increased visibility and participation at the national level reflect a growing recognition of the college's role in promoting quality Ayurvedic education and practice, validating its efforts toward academic excellence and social impact.
6	**Problems Encountered and Resources Required** Please identify the problems encountered and resources required to implement the practice (in about 150 words)	Problems Encountered and Resources Required Implementing practices aimed at promoting Ayurveda education and national-level recognition at Spoorthi Ayurveda Medical College came with several challenges. Key problems included limited financial resources to support advanced research infrastructure, digital learning tools, and faculty development programs. Being in a semi-urban region, the college also faced difficulty attracting highly qualified faculty and

		resource persons with national-level experience. There was a noticeable gap in research methodology training, hindering students and staff from preparing submissions for awards like the Dhanwantri and Yogashree. Additionally, language barriers and limited access to online academic databases made it harder to document and publish research findings. To overcome these challenges, the college required increased funding for research labs, e-resources, and faculty training, along with collaborations with recognized Ayurvedic research bodies. Support from government schemes, AYUSH funding, and academic networking were identified as critical resources to sustain and expand these best practices effectively.
7	Notes (Optional) Please add any other information that may be relevant for adopting/ implementing the Best Practice in other Institutions (in about 150 words).	NILL

IQAC Coordinator 29/10/24

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical College
Dr. S.V Savadi Ayurvedic Hospital,
Vidyanagar, Gangavathi-583227.

Geo tag Photo

Dhanwantri Award bagged by Dr Sunil Arali for his outstanding practice in Ayurveda on the occasion National Ayurveda day and Dhanwantri Jayanti 29-10-2024 the award is presented.



IQAC Coordinator 29/10/24

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical Collage &
Dr. S.V Savadi Ayurvedic Hospital,
Vidyanagar, Gangavathi-583227.

Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical college Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

DATE: 21-06-2025

FORMAT OF PRESENTATION OF BEST PRACTICES

1	**Title of the Practice** **This title should capture the keywords that describe the practice.**	**YOGASHREE AWARD 2025** **Spoorthi Ayurveda Medical College Gangavathi Offers Scope and empowerment of Ayurveda and Yoga Practitioners in the society, In the Year 2025 on the occasion of International Yoga Day 21-06-2025 the YOGASHREE AWARD Bagged by Dr S.B.Handral for his outstanding work in the field of Yoga**
2	**Objectives of the Practice** **What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?**	**Objectives:** **1. Recognize Excellence in Yoga: To honor individuals or institutions that have made significant contributions to the practice, research, or propagation of Yoga.** **2. Promote Traditional Indian Medicine: Encourage the use and integration of Ayurveda & Yoga into modern health systems.** **3. Inspire New Practitioners: Motivate upcoming doctors and researchers to pursue careers in Ayurveda with commitment and integrity.** **4. Preserve Cultural Heritage: Support and preserve ancient Indian medical knowledge and practices.** **5. Encourage Innovation: Promote innovation in Ayurvedic treatments, herbal formulations, and research**

3	**The Context** **What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?**	**In implementing initiatives like the Dhanwantri and Yogashree Award practices at Spoorthi Ayurveda Medical College, Gangavathi, several contextual challenges had to be addressed. Located in a semi-rural region of Karnataka, the college faced limitations in infrastructure, research funding, and exposure compared to institutions in metropolitan areas. Encouraging documentation of innovative practices and contributions in a format suitable for award nominations posed another hurdle. The rural context also made it challenging to showcase community impact on a national scale, despite strong outreach work. All the members to actively participate in such recognition platforms.**
4	**The Practice** **Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?**	**The Practice** **Spoorthi Ayurveda Medical College, Gangavathi, has been actively working to integrate traditional Ayurvedic knowledge with modern educational practices in higher education. In a country like India, where Ayurveda is recognized as a formal system of medicine, the challenge is to maintain the authenticity of ancient wisdom while aligning with modern standards of research, documentation, and evidence-based practice. Spoorthi College has adopted a unique approach by promoting holistic education that emphasizes classical Ayurvedic texts, clinical training, rural healthcare service, and national-level recognition platforms such as the Dhanwantri Award and Yogashree Award.** **The college encourages faculty, praticoners and students to participate in community outreach, herbal drug research, and interdisciplinary seminars, making their contributions eligible for prestigious national awards. This practice not only motivates academic excellence but also enhances the credibility of Ayurveda in the eyes of the**

		public and scientific communities.
5	**Evidence of Success** **Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 200 words.**	**The outcomes of Spoorthi Ayurveda Medical College's integrated approach to traditional education and national recognition have been evident through several key achievements. Over the past one years, the college has seen a significant increase in student participation in national and state-level seminars, paper presentations, and research competitions. Notably, faculty and alumni praticoners have received nominations for prestigious recognitions like the** Yogashree Award, **while students have been shortlisted in competitions aligned with the** Dhanwantri Ayurveda Awards **criteria, reflecting the impact of targeted mentoring and capacity building.** **Internally, student pass percentages has increased and the praticienores awarde of the event got name and fame in Karnataka** **Spoorthi College is meeting and exceeding many academic and outreach benchmarks. The increased visibility and participation at the national level reflect a growing recognition of the college's role in promoting quality Ayurvedic education and practice, validating its efforts toward academic excellence and social impact.**
6	**Problems Encountered and Resources Required** **Please identify the problems encountered and resources required to implement the practice (in about 150 words)**	**Problems Encountered and Resources Required** **Implementing practices aimed at promoting Ayurveda education and national-level recognition at Spoorthi Ayurveda Medical College came with several challenges. Key problems included limited financial resources.College faced challenges in selection of Pure ayurvedic praticenors & Yogic praticenors because limited praticenors are practicesing the pure ayurveda and Yogic practices**

7	**Notes (Optional)** **Please add any other information that may be relevant for adopting/ implementing the Best Practice in other Institutions (in about 150 words).**	**NILL**

IQAC Coordinator 21/08/25

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical Collage &
Dr. S.V Savadi Ayurvedic Hospital,
Vidyanagar, Gangavathi-583227.

Geo tag Photo

Spoorthi Yogashree Award bagged by Dr S.B.Handral for his outstanding practice and Performance in Yoga on the occasion of International Day of Yoga 21-06-2025.



21/6/25

IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

PRINCIPAL
Spoorthi Ayurvedic Medical Collage &
Dr. S.V Savadi Ayurvedic Hospital,
Vidyanagar, Gangavathi-583227.