Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical college Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: NAAC 7.1.10 **Date: 29-10-2026**

7.1.10. Celebration of National and International Commemorative Days, Events and Festivals at Spoorthi Ayurvedic Medical College

Spoorthi Ayurvedic Medical College celebrates and organizes various national and international commemorative days, important events, and festivals to promote patriotism, cultural awareness, social responsibility, health consciousness, and professional values among students and staff.

The institution celebrates Independence Day and Republic Day with flag hoisting, patriotic speeches, cultural programmes, and activities highlighting the importance of national unity, democracy, and constitutional values. National Doctors' Day, National Ayurveda Day, International Yoga Day, and World Health Day are observed to create awareness about healthcare, traditional medicine, preventive health practices, and the importance of medical professionals in society.

The institution organizes health awareness programmes, seminars, workshops, rallies, poster presentations, and community outreach activities on important occasions such as World Environment Day, International Women's Day, World Breast Cancer Awareness Month, World AIDS Day, and National Nutrition Week. These activities encourage students to understand public health issues and develop a sense of social responsibility.

As an Ayurvedic medical institution, special importance is given to Dhanvantari Jayanti and Ayurveda Day, during which activities promoting Ayurveda, medicinal plants, healthy lifestyles, and traditional healthcare practices are conducted. International Yoga Day is celebrated through yoga demonstrations, practical sessions, and awareness programmes emphasizing physical and mental well-being.

The institution also celebrates cultural and regional festivals to encourage unity, mutual respect, and appreciation of India's diverse traditions. Student participation in cultural programmes,

competitions, and traditional celebrations promotes teamwork, creativity, and interpersonal relationships.

Faculty members and students actively participate in these events, making them an integral part of the institution's academic and extracurricular activities. Through these celebrations, Spoorthi Ayurvedic Medical College strives to develop responsible citizens, compassionate healthcare professionals, environmental awareness, cultural harmony, and a commitment to community welfare.

CHAIRMAN

30/10/2026

IQAC COORDINATOR

IQAC CO-ORDINATOR
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Gangavathi-583227.

PRINCIPAL

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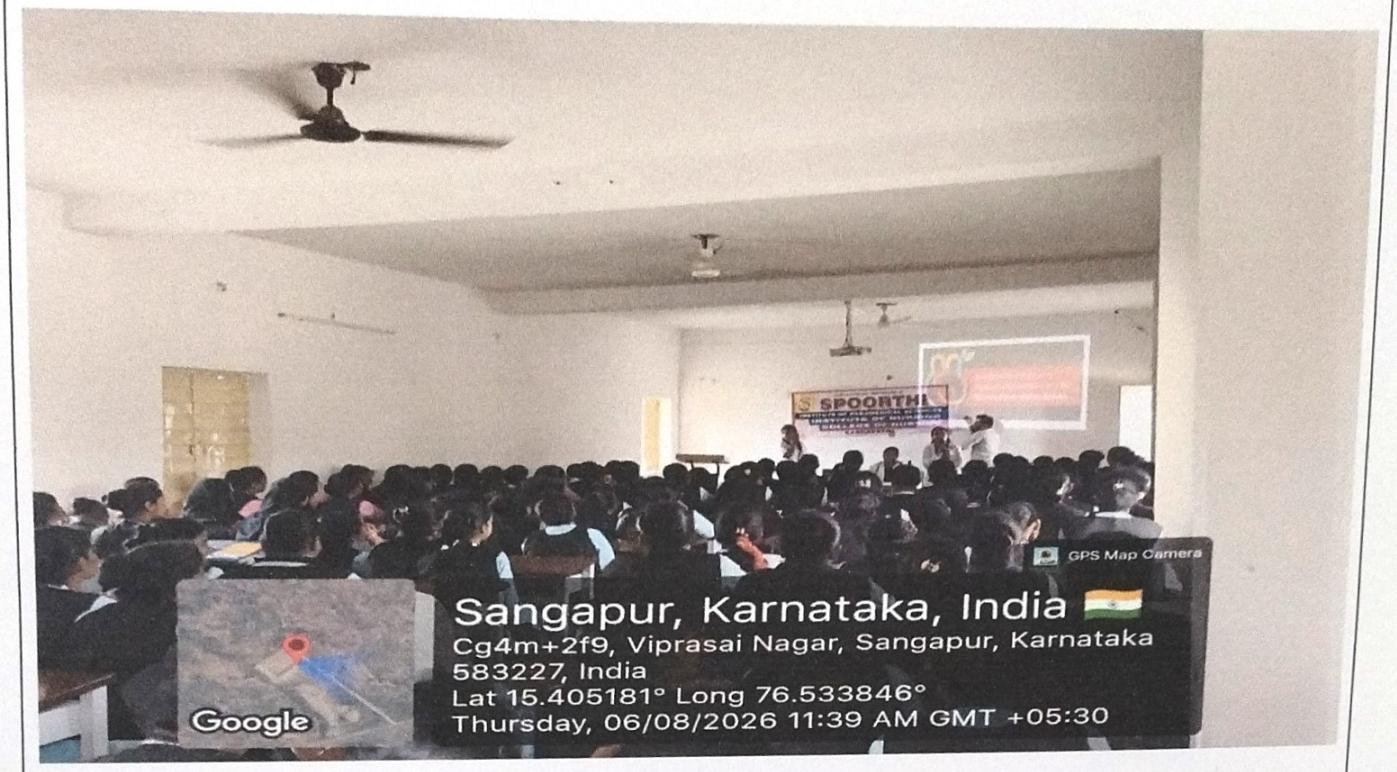
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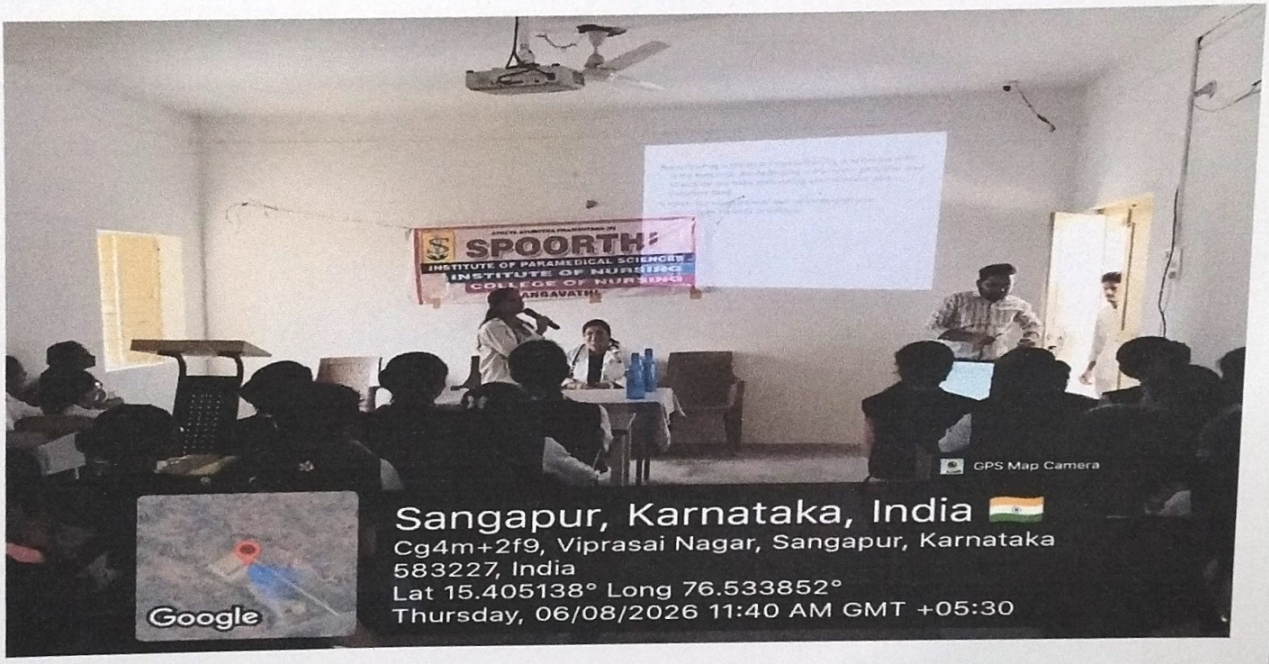
ACTIVITY REPORT

1	**Names of the Programs/Camps**	WORLD BREASTFEDDING WEEK 2026
2	**Department / Associations involved**	KAUMARABHRITHYA
3	**Venue**	DAY1- SUB CENTRE JANGAMARA KALGUDI , GANGAVATI DAY2-SPOORTHI AYURVEDIC MEDICAL COLLEGE DAY3-PHARMACY COLLEGE DAY4- NURSING AND PARAMEDICAL COLLEGE
4	**Conducted on**	01/08/26 to 07/08/26
5	**Objective of the Programs / Camps**	• TO EDUCATE MOTHERS AND STUDENTS ABOUT THE IMPORTANCE AND BENEFITS OF BREASTFEEDING • TO CREAT AWARNESS ABOUT CORRECT BREASTFEEDING TECHNIQUES AND POSITIONS • TO ENCOURAGE FAMILY AND COMMUNITY SUPPORT FOR BREASTFEEDING MOTHERS • STUDENTS TO EDUCATE MOTHERS AND FAMILIES ABOUT BREASTFEDDING PRACTICES.
6	**Activities carried out during the program**	AWARNESS TALK DEMONSTRATION OF CORRECT BREASTFEEDING POSITIONS AND PROPER LATCHING
7	**Resource person**	DR. KAVYA
8	**Guests**	-
9	**Targeted population**	500
10	**Beneficiaries**	450

	Any other relevant information	-
	Photograph/ Press clipping **DAY - 1**	 

DAY - 4





HEAD OF THE DEPARTMENT

IQAC CO-ORDINATOR

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ACTIVITY REPORT

1	**Names of the Programs/Camps**	Sushrutha Jayanti 15/07/2026
2	**Department / Associations involved**	IQAC/Samhita/Shalya/Shalakya
3	**Venue**	Sushrutha Hall
4	**Conducted on**	15/07/2026
5	**Objective of the Programs / Camps**	To do awareness about the contribution of Sushrutha
6	**Activities carried out during the program**	1. Sushrutha Namana 2. Essay Writing
7	**Beneficiary**	120 Students

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HOD 15/9/24

IQAC CO-ORDINATOR 15/9/24

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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**NATIONAL DEWORMING DAY 2026**
2	**Department / Associations involved**	Department Of Kaumarabhrithya
3	**Venue**	Anganwadis and Government Primary schools at jangamarakalgudi.
	Conducted on	**10/08/2026**
5	**Objective of the Programs / Camps**	• To reduce the prevalence of intestinal worm infections among children and adolescents • To prevent the complications of worm infestation. • To improve nutritional status and physical growth of children.
6	**Activities carried out during the program**	• Awareness talk. • Distribution of Deworming medicine.
7	**Resource person**	Dr.Kavya
8	**Guests**	-
9	**Targeted population**	500
10	**Beneficiaries**	450
11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	





HOD

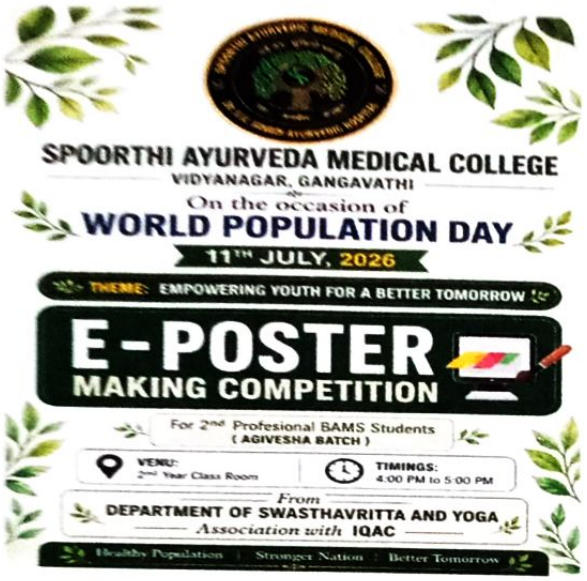
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ACTIVITY REPORT

1	**Names of the Programs/Camps**	Department of Swasthavritta and yoga with IQAC
2	**Department / Associations involved**	Department of Swasthavritta and yoga
3	**Venue**	2 year class room
4	**Conducted on**	11.07.2026
5	**Objective of the Programs / Camps**	**World Population Day 2026 (11 July 2026) Theme 2026: "Realizing the hopes and aspirations of young people – today and for the future." "The** theme emphasizes empowering young people through education, health, reproductive rights, employment opportunities, and meaningful participation in decision-making.
6	**Activities carried out during the program**	E Poster competition was held on 11/07/2026 4pm to 5pm for agnivesha batch. Theme for poster is empowering youth for better tomorrow.
7	**Resource person**	Gudges – Dr Pradeep HOD Professor department of dravyaguna Dr Ajay Assistant Professor department of kriya sharira
8	**Guests**	Dr Mohan Dean SAMC Dr Khalid HOD IQAC Coordinator Dr Phani kumar Professor Dr Srujana Associate Professor Dr maheshwari Assistant Professor
9	***Targeted population***	2nd Professional BAMS Students – Agnivesha Batch
10	***Beneficiaries***	60
11	***Any other relevant information***	-
12	***Photograph/ Press clipping***	









HOD
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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**WORLD IVF DAY 2026 ON (25/07/2026)**
2	**Department / Associations involved**	Department of Swasthavritta and yoga with Panchakarma
3	**Venue**	S. V Savadi hospital IVF Center
4	**Conducted on**	**27.07.2026**
5	**Objective of the Programs / Camps**	Raises awareness about infertility and fertility treatments. Educates people about IVF and other assisted reproductive technologies. Reduces the stigma associated with infertility. Recognizes the contributions of fertility specialists, embryologists, and researchers. Offers hope and support to individuals and couples on their fertility journey. **Message for World IVF Day:** *"Every dream of parenthood deserves hope. On World IVF Day, let us celebrate the advances in reproductive medicine, support those facing infertility, and spread awareness that no one has to face this journey alone."*
6	**Activities carried out during the program**	Initial Evaluation Ovarian Stimulation Follicular Monitoring Trigger Injection Egg Retrieval Sperm Collection & Preparation Fertilization (IVF/ICSI) Embryo Culture (3–5 Days) Embryo Transfer Progesterone Support Pregnancy Test (β-hCG) Ultrasound Confirmation. Schemes regarding IVF& Government rules and regulations for single parent
7	**Resource person**	Spoorhi Embryologist S.V. Savadi hospital IVF Center gangavathi
8	**Guests**	Dr Srujana Associate Professor department of swasthavritta and yoga Dr Abid Hussain Assistant Professor department of panchakarma
9	**Targeted population**	2nd Professional BAMS Students – Agnivesha Batch
10	**Beneficiaries**	59

11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	









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Date - 24/06/2026

ACTIVITY REPORT

1	**Names of the Programs/Camps**	**International Yoga Day 2026 Report**
2	**Department / Associations involved**	Department of Swasthavritta and Yoga SAMC & Dr S V Savadi hospital along with yoga & Spiritual Group Gangavathi
3	**Venue**	Junior college ground Gangavathi
4	**Conducted on**	21/06/2026 6AM Onwards
5	**Objective of the Programs / Camps**	**The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga.** This year marks the 12th International Day of Yoga with the theme "Yoga for Healthy Ageing", which emphasizes the importance of Yoga for all ages.
6	**Activities carried out during the program**	Program Inauguration done by Shri Galli Janardhana Reddy MLA Gangavathi Gogashree Award Bagged by Late Shri Shantaveeraswami Gandhad Math Practiced Common Yoga Protocol for all Students, Staff members of SAMC Yoga Dance SAMC Students
7	**Resource person**	Shri Galli Janardhana Reddy MLA Gangavathi Dr Ishwar savadi CMO SDH Gangavathi Dr B S Savadi Principal SAMC Gangavathi
8	**Chief Guests**	Shivarame Gouda EX MLA Gangavathi Paranna Munavalli EX MLA Gangavathi Malikarjun Nagappa EX MLA Gangavathi Shri H R Srinath EX MLA Gangavathi
9	**Targeted population**	
10	**Beneficiaries**	
11	**Any other relevant information**	-

12	**Photograph/ Press clipping**





ATREYA AYURVEDA PRATISHTANA ®

Spoorthi Ayurvedic Medical College & Dr S V Savadi Ayurvedic Hospital

VIDYANAGAR, GANGAVATHI - 583227 Karnataka

VENUE:
JUNIOR COLLEGE GROUND, GANGAVATHI

DATE
21-06-2026 @ 05:45AM

12TH INTERNATIONAL YOGA DAY *celebration*

THEME

YOGA FOR HEALTHY AGEING

DIVINE PRESENCE
SHRI. SHA. BRAH. 108. NAGA BHUSHAN SHIVACHARYA MAHASWAMIJI

INAUGURATION
SHRI. GALI JANARDHANA REDDY
MLA, GANGAVATHI

CHEIF GUEST
SHRI. SHIVARAME GOUDA
EX MP, GANGAVATHI
SHRI. PARANNA MUNAVALLI
EX MLA, GANGAVATHI
SHRI. MALLIKARJUN NAGAPPA
EX MINISTER, GANGAVATHI
SHRI. H R SRINATH
EX MLC, GANGAVATHI
DR ISHWAR SAVADI
CMO, SBH, GANGAVATHI
SMT. NIRMALA SAVADI
CHAIRMAN, SPOORTHI GROUP OF INSTITUTIONS

PRESIDENT
DR. B S SAVADI
PRINCIPAL, SPOORTHI AYURVEDIC MEDICAL COLLEGE, GANGAVATHI

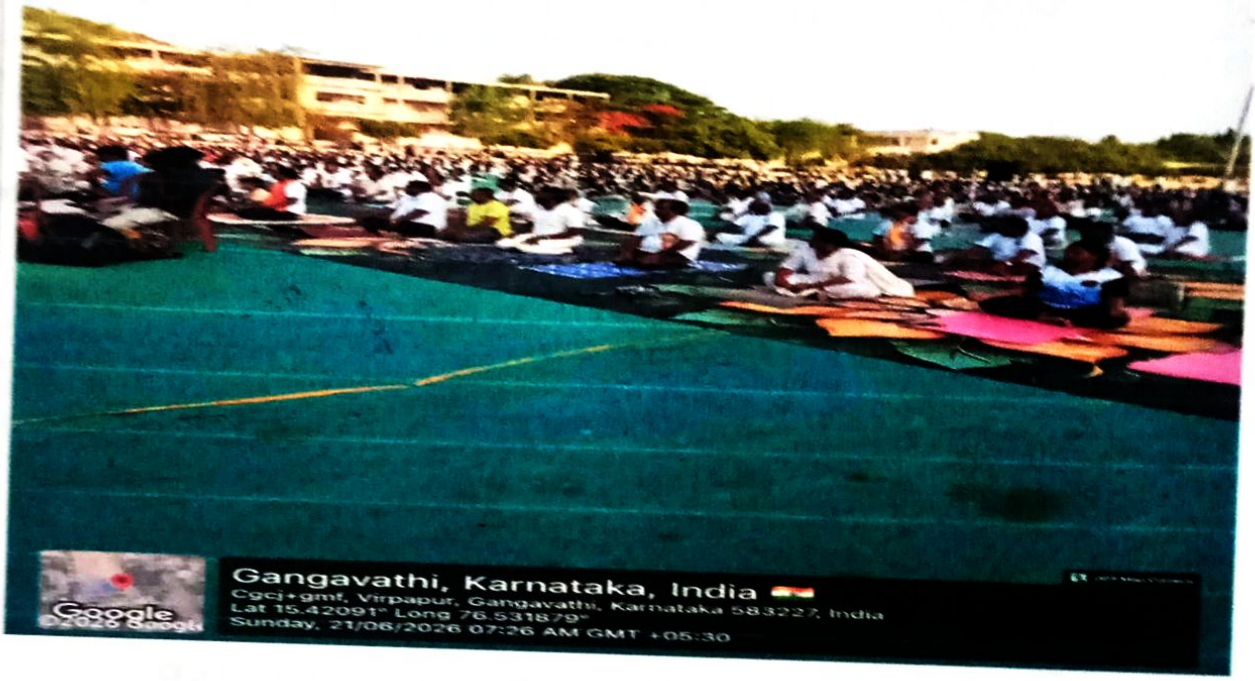
YOGA SHREE AWARD
LATE. SHRI SHANTAVEERA SWAMY, GANDHIJI MATH

ALL ARE CORDIALLY INVITED

PRINCIPAL, MANAGEMENT & STAFF OF SPOORTHI GROUP OF INSTITUTION

ORGANISED BY:
DEPARTMENT OF SWASTHAVRITTA & YOGA
IN ASSOCIATIONS WITH
ART OF LIVING & PATANJALI YOGA SAMITI, GANGAVATHI, KARNATAKA





24/06/26
HOD
Dept. of Swasthavrita
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24/6/26
IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal
PRINCIPAL
Spoorthi Ayurvedic Medical College
Dr. S.V Savadi Ayurvedic Hospital
Vidyanagar, Gangavathi-583227

ಯೋಗ ಮತ್ತು ಆಧ್ಯಾತ್ಮ ಬಳಗ, ಗಂಗಾವತಿ
YOGA & SPIRITUAL GROUP
Gangavathi-583227, Dist. Koppal, Karnataka.

Yoga for Humanity

ಸಹಯೋಗ :

ಆರ್ಟ್ ಆಫ್ ಲಿವಿಂಗ್
ಮೊ : 9449705676

ಪತಂಜಲಿ ಯೋಗ ಸಮಿತಿ
ಮೊ : 9986274312

ಮೊ : 9480416164

ಸಹಜ ಸ್ಥಿತಿ ಯೋಗ
ಮೊ : 9844222278

ಪಿರಾಮಿಡ್ ಧ್ಯಾನ ಕೇಂದ್ರ
ಪಿಎಸ್ಎಸ್ಎಂ
ಮೊ : 9448751776

ಶ್ರೀ ರಾಮಚಂದ್ರ ಮಿಷನ್
ಮೊ : 9448632412

ಬಸವಾಭಿಮಾನಿಗಳ ಬಳಗ
ಗಂಗಾವತಿ
ಮೊ: 9986211991

ಹಾಗೂ
ಗಂಗಾವತಿಯ
ಸರ್ವ ಸಂಘ-ಸಂಸ್ಥೆಗಳು

ಮಾನ್ಯ ಡಾ: ಸವಡಿ
ಸ್ಫೂರ್ತಿ ಆರ್ಯುವೇದ ಕಾಲೇಜು
ಗಂಗಾವತಿ ಇವರಿಗೆ,

ಮಾನ್ಯರೇ,

ಆಮಂತ್ರಣ

ವಿಷಯ: **ಜೂನ್-21 ರವಿವಾರ 12ನೇ ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆಗೆ ತಾವು ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಆಗಮಿಸಲು ಕೊರಿಕೆ.**

****

ಈ ಮೇಲಿನ ವಿಷಯಕ್ಕೆ ಸಂಬಂದಿಸಿದಂತೆ ಈ ಮೂಲಕ ತಮ್ಮಲ್ಲಿ ನಾವು ವಿನಂತಿಸಿಕೊಳ್ಳುವುದೇನೆಂದರೆ **ಗಂಗಾವತಿಯ ಸರ್ವಯೋಗ, ಧ್ಯಾನ ಮತ್ತು ಆಧ್ಯಾತ್ಮ ಬಳಗದೊಂದಿಗೆ 12ನೇ ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆಯನ್ನು ಜೂನ್-21 ರವಿವಾರ** ರಂದು ಆಚರಿಸಲು ನಿರ್ಧರಿಸಲಾಗಿದೆ.

ಅದರ ಸಮಿತ್ಯವಾಗಿ ದಿನಾಂಕ 20-06-2026 ರ ಶುಕ್ರವಾರ ಬೆಳಿಗ್ಗೆ 9-00 ಗಂಟೆಗೆ **ಯೋಗ ಜಾಗೃತಿ ನಡಿಗೆಯನ್ನು ಎ.ಪಿ.ಎಮ್.ಸಿ ಆವರಣದ ಶ್ರೀ ಚನ್ನಬಸವಸ್ವಾಮಿ ದೇವಸ್ಥಾನದಿಂದ ಪ್ರಾರಂಭಿಸಿ ಸಿಬಿಎಸ್ ವೃತ್ತ, ಗಾಂಧಿ ಸರ್ಕಲ್, ಬಸವಣ್ಣ ಸರ್ಕಲ್ ಮುಖಾಂತರವಾಗಿ ಕೊಟ್ಟುರು ಬಸವೇಶ್ವರ ದೇವಸ್ಥಾನ ಆವರಣದವರೆಗೆ** ನೆಡಸಲಾಗುವುದು.

ಹಾಗೂ **ಜೂನ್-21 ರವಿವಾರ ರಂದು ಜೂನಿಯರ್ ಕಾಲೇಜ ಮೈದಾನದಲ್ಲಿ ಬೆಳಿಗ್ಗೆ 5-30 ಘಂಟೆಗೆ 12ನೇ ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆ ಆಚರಿಸಲಾಗುವುದು. ಆದಕಾರಣ ತಾವು ಕಳೆದ ವರ್ಷ 11ನೇ ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆಗೆ ಪ್ರಾಯೋಜಕರಾಗಿ ಸಹಕಾರ ನೀಡಿರುತ್ತಿರಿ ಆದರಿಂದ ಈ ವರ್ಷವು ಸಹ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ತಮ್ಮ ಸಹಕಾರ ಮತ್ತು ಪ್ರಾಯೋಜಕರಾರಬೇಕೆಂದು ತಮ್ಮಲ್ಲಿ ಕೊರುತ್ತೆವೆ.**

ಈ ಮೇಲಿನ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ತಾವು ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಭಾಗವಹಿಸಿ ಯಶಸ್ವಿಗೊಳಿಸಬೇಕೆಂದು ಮನವಿ ಮಾಡಿಕೋಳ್ಳುತ್ತೇವೆ.

ವಂದನೇಗಳೂಂದಿಗೆ,

ದಿನಾಂಕ: 16-06-2026

ರಘನಾಥ ಪವಾರ
ಸಂಚಾಲಕರು, ಫೋ: 9886549015

ಶ್ರೀ ಸತ್ಯ ಸರ್	ಡಾ.ಎಸ್ ಬಿ. ಹಂದ್ರಾಳ್	ಸೂಲ್ವಿ ಪುಲ್ಲಕಾರ್ಜುನ	ಶ್ರೀ ಪ್ರಭುರಾಜ ಶೆಟ್ಟರ್
ಆರ್ಟಆಫ್ ಲಿವಿಂಗ್	ಪತಂಜಲಿ ಯೋಗ ಸಮಿತಿ	ಪತಂಜಲಿ ಯೋಗ ಸಮಿತಿ	ಗೌರವ ಸಲಹೆಗಾರರು
ಯೋಗ ಶಿಕ್ಷಕರು	ರಾಜ್ಯ ಸದ್ಯಸರು	ಅಧ್ಯಕ್ಷರು-ಗಂಗಾವತಿ	ಗಂಗಾವತಿ

आयुष मंत्रालय
भारत सरकार

Yoga 365



श्री नरेन्द्र मोदी
माननीय प्रधानमंत्री

योग संगम पत्र

प्रमाणित किया जाता है कि

Spoorthi Ayurveda Medical College Gangavathi

ने 21 जून, 2026 को अंतरराष्ट्रीय योग दिवस के उपलक्ष्य में योग संगम कार्यक्रम का आयोजन किया।

यह कार्यक्रम Public Ground Ganagava *में आयोजित किया गया, जिसमें* 3000 *लोगों ने भाग लिया।*

यह भी प्रमाणित किया जाता है कि यह कार्यक्रम कोलकाता, पश्चिम बंगाल में माननीय प्रधानमंत्री के नेतृत्व में आयोजित अंतरराष्ट्रीय योग दिवस 2026 के राष्ट्रीय कार्यक्रम के अनुरूप और एक ही समय पर आयोजित किया गया।

प्रतापराव जाधव
केंद्रीय राज्य मंत्री (स्वतंत्र प्रभार), आयुष मंत्रालय एवं
राज्य मंत्री स्वास्थ्य एवं परिवार कल्याण मंत्रालय

दिनांक: 21 जून, 2026
नई दिल्ली

Ministry of Ayush
Government of India

Yoga 365



Shri Narendra Modi
Hon'ble Prime Minister

YOGA SANGAM PATRA

This is to certify that

M/s Spoorthi Ayurveda Medical College Gangavathi

organized Yoga Sangam event to mark the International Day of Yoga on 21st June, 2026.

The event was organized

at Public Ground Ganagava *and had the participation of* 3000 *people.*

It is also to certify that this event was held simultaneously and in harmony with the national event of International Day of Yoga 2026, led by the Hon'ble Prime Minister at Kolkata, West Bengal.

Prataprao Jadhav
Union Minister of State (IC), Ministry of Ayush and
Minister of State, Ministry of Health and Family Welfare

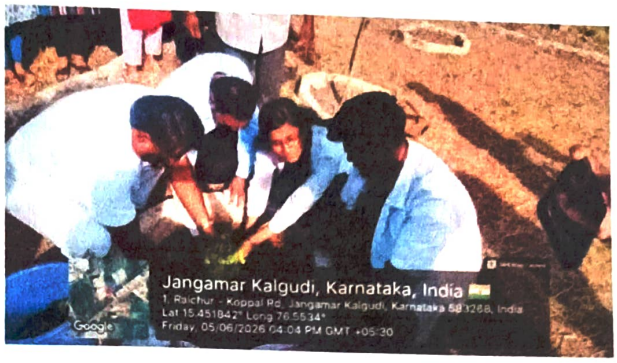
Date: 21st June, 2026
New Delhi

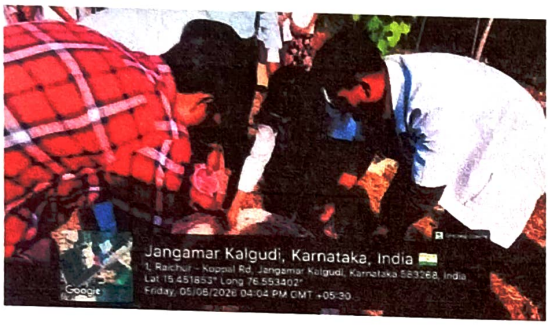
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ACTIVITY REPORT

1	**Names of the Programs/Camps**	World Environment Day 2026
2	**Department / Associations involved**	Department of Dravyaguna Vijnana & Environmental club
3	**Venue**	Multipurpose Hall
4	**Conducted on**	05/06/2026
5	**Objective of the Programs / Camps**	Theme of Environmental day- **Inspired by nature, For Climate, For Future** **& Awareness about Vrikshayurveda**
6	**Activities carried out during the program**	1. Speech on Vrikshayurveda 2. Mime performance 3. Plantation programme
7	**Resource person**	Dr.Seema.K.M Assistant professor, Dept of Dravyaguna Vijnana SAMC, Gangavathi
9	**Targeted population**	1st BAMS ,2nd Professional junior & senior BAMS Students.
10	**Beneficiaries**	130
11	**Any other relevant information**	Created awareness among students about plastic free campus and Organic Farming importance
12	**Photograph/ Press clipping**	 









HOD OF DEPARTMENT

For (Dr. Seema K.M)

IQAC Coordinator

5/6/26

Principal

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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**Free medical camp for elderly people**
2	**EVENT**	**World Elders day**
3	**Venue**	Chennabasava Mata, Ayodya Grama , GVT
4	**Conducted on**	01/10/2026 , From 10.00AM- 2.00PM
5	**Objective of the Programs / Camps**	To promote healthy living,preventive care and overall wellbeing for our elderly community through Ayurveda.
6	**Activities carried out during the program**	Free Blood Sugar Test Free Medicine Distribution – Asanadhi Kwatha Choorna
7	**Outcome of Program**	The programme enhanced awareness among elderly people regarding preventive healthcare, healthy lifestyle and healthy ageing through Ayurveda, along with providing free health check-up and Ayurvedic consultation.
8	**Beneficiaries**	40

Photograph/ Press clipping













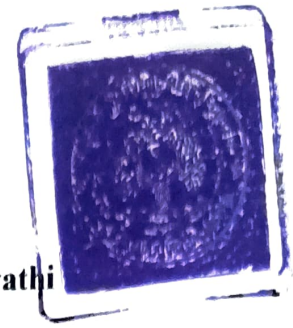
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Gangavathi-583227.

3/10/26
IQAC Coordinator

IQAC CO-ORDINATOR
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
Gangavathi-583227.

Principal

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ACTIVITY REPORT

1	**Names of the Programs/Camps**	WORLD NO TABACCO DAY
2	**Department / Associations involved**	AGADA TANTRA
3	**Venue**	BUSSTAND TO GANDHI CIRCLE, GANGAVATHI
4	**Conducted on**	01/06/2026
5	**Objective of the Programs / Camps**	• CREAT AWARENESS ABOUT HARMFULL EFFECTS OF TABACCOAMONG THE PUBLIC. • TO EDUCATE PEOPLE ABOUT VARIOUS FORMS OF TABACCO USE AND THEIR ASSOCIATED HEALTH RISK • TO MOTIVATE YOUTH AND STUDENTS TO ADOPT A TOBACCO FREE LIFESTLYE AND ACT AS A AMBASSADORS OF HEALTH AWARENESS
6	**Activities carried out during the program**	• AWARENESS RALLY • STREET PLAY BY STUDENTS AT GOVERNMENT SUBDIVISION HOSPITAL AND GANDHI CIRCLE , GANGAVATHI • MODEL MAKING COMPITATION BY STUDENTS
7	**Resource person**	DR.SARASWATHI, DR.KHALID AND DR.ABID HUSSAIN
8	**Guests**	Mrs.KALAVATHI (TRAFFIC POLICE)
9	**Targeted population**	500
10	**Beneficiaries**	300

11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	  







HEAD OF THE DEPARTMENT

IQAC CO-ORDINATOR 2/6/26

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IQAC CO-ORDINATOR
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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**NATIONAL LIBRARIANS DAY**
2	**Department / Associations involved**	Department Of Library and Information Centre
3	**Venue**	SAMC, Charak multipurpose all
	Conducted on	**12/08/2026**
5	**Objective of the Programs / Camps**	• To commemorate the birth anniversary of Dr. S. R. Ranganathan. • To create awareness about the importance of libraries and librarians. • To encourage students to develop reading habits. .
6	**Activities carried out during the program**	• Role of Librarians • Prize Distrubutions
7	**Resource person**	Mr. Venkatesh Kattimani
8	**Guests**	Dr Mohan G, Dr Khalid B M
9	**Targeted population**	200
10	**Beneficiaries**	170
11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	


GPS Map Camera
Jangamar Kalgudi, Karnataka, India
1, Raichur - Koppal Rd, Jangamar Kalgudi, Karnataka 583268, India
Lat 15.452499° Long 76.553089°
Wednesday, 12/08/2026 04:41 GMT +05:30
Google


Dr. S.R. Ranganathan
GPS Map Camera
Jangamar Kalgudi, Karnataka, India
1, Raichur - Koppal Rd, Jangamar Kalgudi, Karnataka 583268, India
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Wednesday, 12/08/2026 04:50 GMT +05:30
Google



Dept HOD

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IQAC Coordinator

IQAC CO-ORDINATOR
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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**National Nutrition Week 2026 Awareness Talk On Pharmacy students**
2	**Department / Associations involved**	**Swasthavritta and Yoga with IQAC**
3	**Venue**	**Sushrutha Multiple Hall**
4	**Conducted on**	**02.09.2026**
5	**Objective of the Programs / Camps**	**Objectives of a Nutrition Awareness Talk** 1. **To increase awareness** about the importance of a balanced and nutritious diet. 2. **To explain essential nutrients** such as carbohydrates, proteins, fats, vitamins, minerals, fiber, and water. 3. **To promote healthy eating habits** and appropriate meal planning. 4. **To educate participants** about the effects of poor nutrition and nutritional deficiencies. 5. **To encourage the consumption of** fruits, vegetables, whole grains, and other nutrient-rich foods. 6. **To create awareness about food safety and hygiene** practices. 7. **To discourage unhealthy food choices**, including excessive consumption of junk food, sugar, salt, and processed foods. 8. **To help participants make informed food choices** based on their nutritional needs. 9. **To highlight the importance of nutrition** in growth, development, immunity, and prevention of diseases. 10. **To motivate participants to adopt and maintain healthy lifestyle practices**
6	**Activities carried out during the program**	Awareness regarding nutrition its types preventive measures to malnutrition balanced diet in modern and ayurveda
7	**Resource person**	Dr Srujana Dr Maheshwari
8	**Guests**	-
9	**Targeted population**	Pharmacy Students Spoorthi Phamarcy College Gangavathi

10	**Beneficiaries**	40
11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	









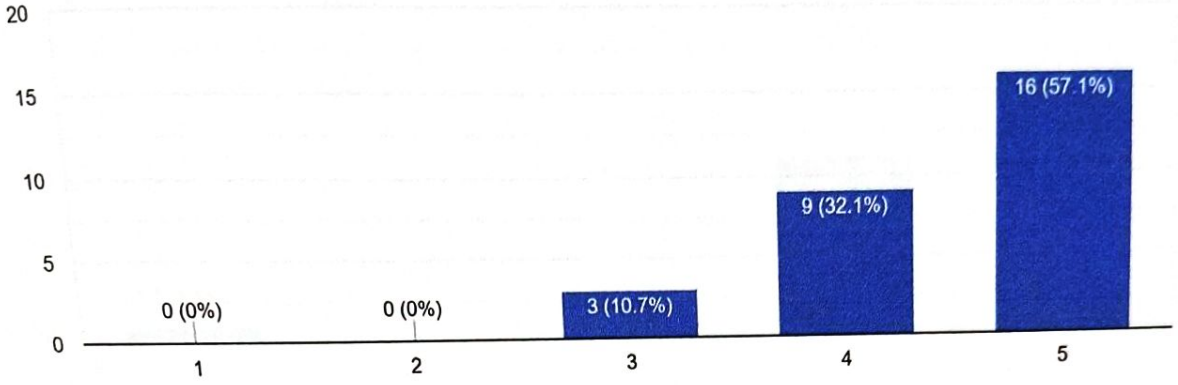
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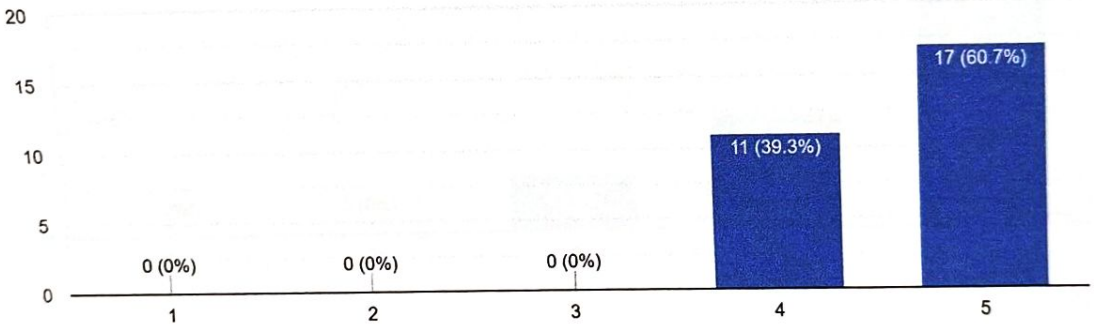
How useful were the practical tips and suggestions shared?

28 responses



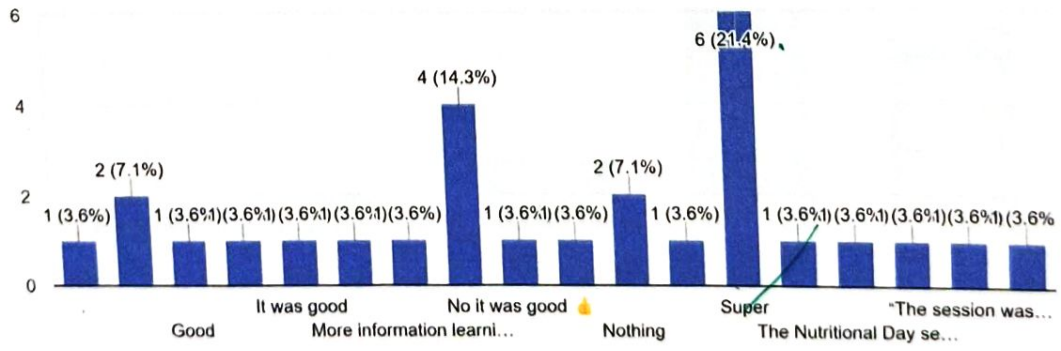
How likely are you to recommend this awareness talk to others?

28 responses



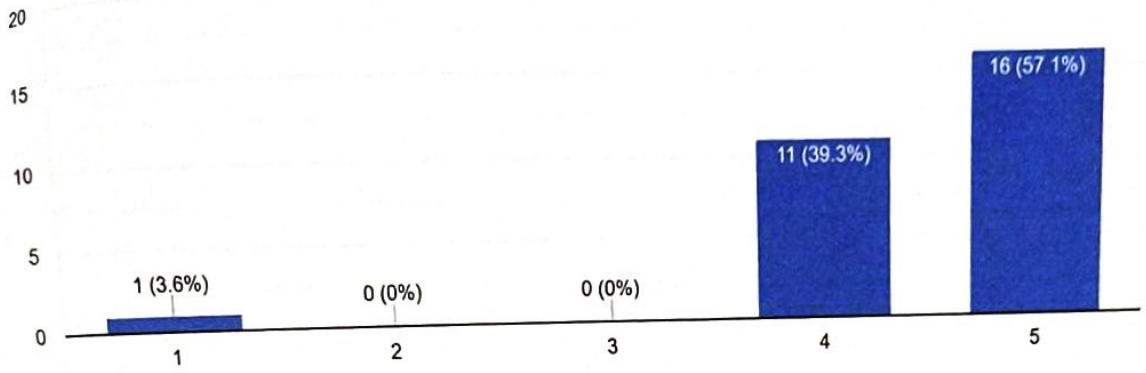
ANY OTHER SUGGESTIONS?

28 responses



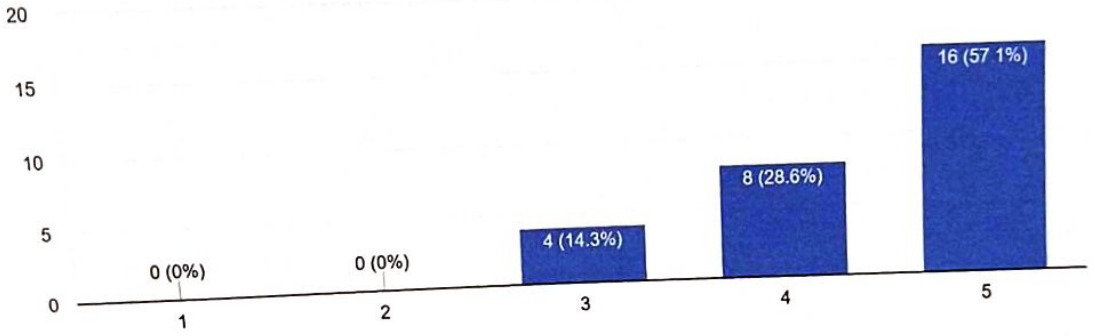
How would you rate the clarity of the speaker's presentation?

28 responses



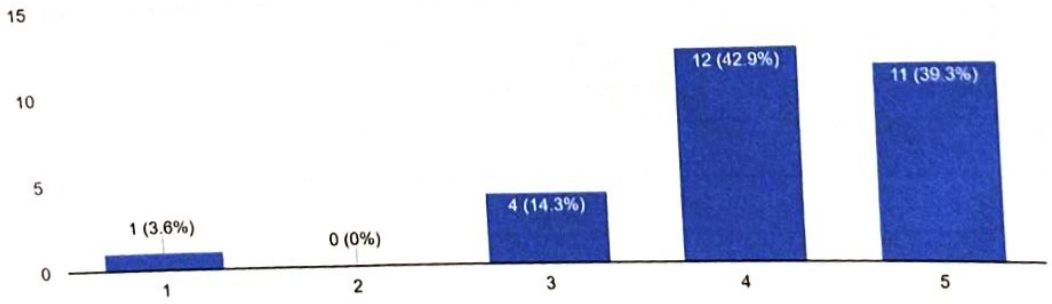
How relevant was the content to your daily nutritional habits?

28 responses



How engaging and interactive did you find the session?

28 responses



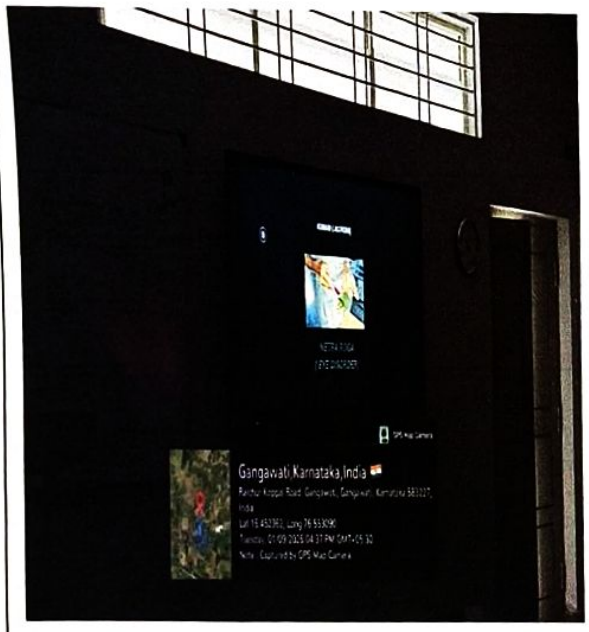
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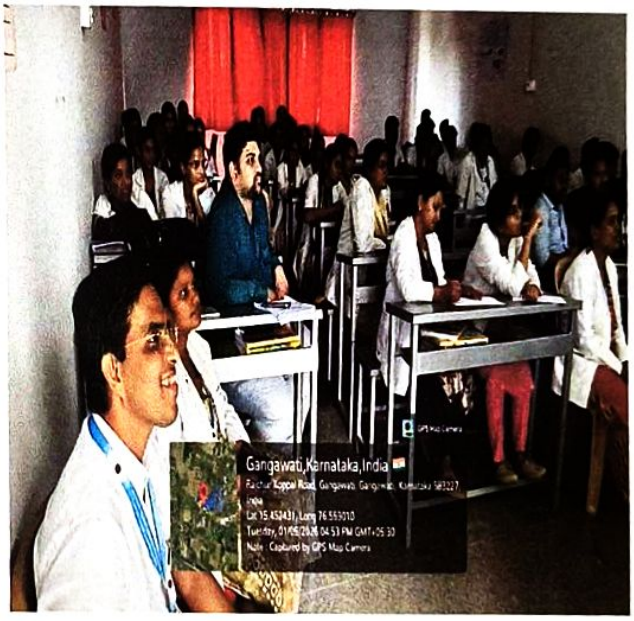
ACTIVITY REPORT

1	**Names of the Programs/Camps**	**National Nutrition Week 2026 - Ahara Varga Reels Competition**
2	**Department / Associations involved**	Swasthavritta and Yoga with IQAC
3	**Venue**	2 YEAR CLASS ROOM
4	**Conducted on**	01.09.2026
5	**Objective of the Programs / Camps**	**Ahara Varga Reels Competition – Objectives** 1. **To create awareness** about the Ayurvedic classification of food substances under **Ahara Varga**. 2. **To enhance students' knowledge** regarding the properties, nutritional value, and therapeutic importance of different food groups. 3. **To promote creativity and innovation** in presenting Ayurvedic concepts through short-form video reels. 4. **To encourage effective communication skills** by conveying complex Ayurvedic food concepts in a simple and attractive manner. 5. **To connect classical Ayurvedic principles** with modern concepts of nutrition and healthy eating.
6	**Activities carried out during the program**	Different Ahara Varga Explained
7	**Resource person**	Dr Srujana Dr Maheshwari
8	**Guests**	Dr Saraswati Dr Seema
9	**Targeted population**	Agnivesha batch
10	**Beneficiaries**	60
11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	









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ACTIVITY REPORT

1	**Names of the Programs/Camps**	**National Nutrition Week 2026** - Cooking without fire competition for faculty members
2	**Department / Associations involved**	**Swasthavritta and Yoga with IQAC**
3	**Venue**	**Dravya Guna Department**
4	**Conducted on**	**04.09.2026**
5	**Objective of the Programs / Camps**	□ To **promote awareness of healthy and nutritious food choices** among students and the community. □ To **encourage consumption of fresh, natural, and minimally processed foods.** □ To **demonstrate simple no-cook recipes** that are nutritious, hygienic, and easy to prepare. □ To **develop creativity and practical skills** in preparing balanced meals without cooking. □ To **educate participants about the nutritional value** of fruits, vegetables, sprouts, nuts, seeds, and other wholesome foods. □ To **promote food hygiene and safe food handling practices.** □ To **encourage healthy eating habits** and reduce dependence on highly processed and junk foods.
6	**Activities carried out during the program**	All faculty members cooked nutritional value different food items given to judges
7	**Resource person**	Dr Mohan Dean SAMC Dr Khalid Vice Principal SAMC
8	**Guests**	-
9	**Targeted population**	All faculty members
10	**Beneficiaries**	35
11	**Any other relevant information**	-
12	**Photograph/ Press clipping**	









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