

Atreya Ayurveda Pratisthana
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical college Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)



Reference No.1.2.1 Percentage of inter-disciplinary / inter-departmental courses /training across all the Programmes offered by the College

YEAR 2025

Sl.no	Department	Topic	Integration	Date	Beneficiaries
1	Dept of Samhitha	Concept of Manas	Dept of Shareera Kriya	02/08/25	60
2	Dept of samhitha	Shad virechana	Dept. of Dravya Guna	7/1/2025	59
3	Dept. of Shareera Kriya	ECG	Dept of Rachana Shreera	10/02/25	59
4	Dept. of Agad Tantra	Diagnosis of poisoning: analytical approach of dead	MCRL	15/3/2026	59

YEAR - 2026

Sl.no	Department	Topic	Integration	Date	Beneficiaries
1	Dept of Samhitha	Ahara dravyas	Dept of Dravya Guna	25/09/2026	59
2	Dept of Samhitha	ojas	Dept of Rog Nidana	3/09/2026	59
3	Dept of Samhitha	Anna rakshaadhyaya	Dept of Agada Tantra	5/08/2026	59
4	Dept of Samhitha	Integration approach to Ayurveda and contemporary sciences	MCRL, dept of dg	16/06/2026	59
5	Dept of samhitha	Practical demonstration of Panchakarma and Shalakya	Dept of Shalakya and dept of panchakarma	24/08/2026 28/09/2026	60
6	Dept of Swastha Vritta	Anjana	Dept of Shalakya	7/10/2026	59
7	Dept of Swastha Vritta	Digital health	Dept of Shalakya	9/10/2026	60
8	Dept of Swastha Vritta	Satvajaya chikitsa	Dept of kaya chikitsa	8/10/2026	59
9	Dept. of Swastha Vritta	Udvartana	Dept of Kaya Chikitsa	8/10/2026	59
10	Dept of	Nitya sevaniyadravya	Dept of	29/09/2026	59

	swasthavritta	(staple food)	dravyaguna		
11	Dept of swasthavritta	Virudhhaahara	Dept of agada tantra	28/07/2026	59
12	Dept of RSBK	Adhara bhootasiddhanth	Dept of dravya guna aa Dept of samhitha	10/8/2026	59
13	Dept of RSBK	Ksharakalpana	Dept of Shalya tantra	25/8/26	59
14	Dept of samhitha	Aragwadiyaadhyaya	dept of panchakarma	16/07/2026	59
15	Dept of rachanashareera	Clinical aspects of srotoshareera	Dept of panchkarma	25/06/2026	60
16	Dept of samhitha	Purusha	Dept of rachanashareera	4/09/2026	60
17	Dept of Roga Nidana	Cranial nerve examination	Dept of shalakya	2/07/2026	28
18	Dept of agada tantra	Exchange of ideas, experience and recent advancements	Dept of swasthavritta	28/07/2026	59
19	Dept of agada tantra	Exchange of ideas, experience and recent advancements	Dept of kaya chikitsa	21/07/2026	59
20	Dept of rachanashareera	Myology in yoga	Dept of swasthavritta	7/10/2026	60
21	Dept of kriya shareera	Pitta dosha and its pathological aspects	Dept of roganidan	7/8/2026	60
22	Dept of roganidana	Approach to patient of Ardita	Dept of kaya chikitsa	12/05/2026	28
23	Dept of Shareera Kriya	Ahara Dravya wsr dosha vridhhi and kshaya	Dept of Swasta Vritta	10/09/2026	60



K. K. K.
16/10/2026
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ACTIVITY REPORT

1	Names of the Programs/Camps	Pitta Dosha and its pathological aspects-IDS
2	Department / Associations involved	Department Of Kriya Shareera Associated with Dept of Roga Nidana evam vikriti vijyana
3	Venue	Spoorthi Ayurvedic Medical College, Gangavathi
4	Conducted on	07/08/2026
5	Objective of the Programs / Camps	- To enhance students' understanding of Pitta Dosha by integrating its physiological and pathological aspects. - To promote interdisciplinary learning by correlating concepts of Kriya Sharira with Roga Nidana.
6	Activities carried out during the program	The Kriya Sharira faculty explained the normal physiology, functions, and characteristics of Pitta Dosha. The Roga Nidana faculty discussed the pathological changes, disorders, and clinical significance of Pitta Dosha, followed by an interactive discussion with students.
7	Outcome of program	Students developed a comprehensive understanding of Pitta Dosha by correlating its normal physiological functions with disease conditions. The integrated session improved students' clinical reasoning and appreciation of interdisciplinary learning in Ayurveda.
8	Photographs	



Spoorthi

HEAD OF THE DEPARTMENT

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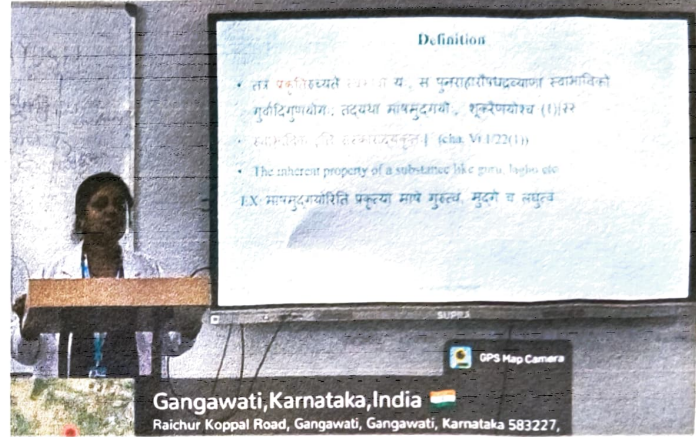
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ACTIVITY REPORT - INTER-DEPARTMENTAL SEMINAR

1	Names of the Programs/Camps	Inter-departmental Seminar - “Fundamentals of Rasashastra & Bhaishajya Kalpana- Adharabhoota Siddhanta”
2	Department / Associations involved	1. Department of Rasashastra & Bhaishajya Kalpana 2. Department of Dravyaguna Vijanana 3. Department of Samhita Adhyayana 2
3	Venue	Agnivesha - 2024-25 batch Classroom
4	Conducted on	10.08.2026
5	Objective of the Programs / Camps	To encourage discussion from departmental perspectives and practical insights on the topic.
6	Activities carried out during the program	The Departments of DG and SA2 shared their subject-specific insights pertaining to the topic.
7	Resource person	1. Dr Seema KM, Assistant Prof. Dept of DG, SAMC & Dr S.V.S H, GVT 2. Dr Spoorthi C.M, Assistant Prof. Dept of SA2, SAMC & Dr S.V.S H, GVT
8	Guests	Dr Karthik N, Dr Shweta S, Dr Seema K.M, Dr Spoorthi C.M
9	Targeted population	2 nd Professional BAMS Students 2024-25 batch [Agnivesha]
10	Beneficiaries	59



Soujan
Class coordinator
HOD

K. H. L. S.
IQAC Coordinator

Principal
Principal

Dept. of Swasthavrita
Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
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Vidyanagar, GANGAVATHI-583 227

10-08-26

Beneficiaries for Interdepartmental Seminar related To "Fundamental Principals Of Bhaishajya Kalpana":-

Beneficiaries	Signature
1 Anjali	Anjali
2 Ankita Arjun Virkar	Ankita
3 Arpit Rudrappa	Arpit
4 Bhandare Chaitanya	Bhandare
5 Chetan	Chetan
6 G Niharika	G Niharika
7 H Ravi Varma	H. Ravi Varma
8 H S Rumana	H S Rumana
9 Harshit Hiremath	Harshit
10 Harshitha H M	Harshitha
11 Hubale Jyotishree	Hubale
12 Ishwari Balachandra	Ishwari
13 K Niveditha	K Niveditha
14 K R Nayana	K R Nayana
15 K Rohan	K Rohan
16 Kanadje Ravindra	Kanadje
17 Kendre Tejaswini	Kendre
18 Kiran Kumar	Kiran
19 Kolawale Aditya Satish	Aditya
20 Madhukar L	Madhukar
21 Magar Pranoti Prakash	Pranoti
22 Mamata	Mamata
23 Manikanta	Manikanta
24 Mote Vikas Dilip	Mote
25 Naganagouda V Patil	Naganagouda
26 Nisarga Manjunath	Nisarga
27 Padwal Sayali Paraji	Padwal
28 Pendekal Stella	Pendekal
29 Pradeep Kumar	Pradeep
30 Priyanka Arjun	Priyanka

31 Rajesh K P	Rajesh
32 Rajeshwari	Rajeshwari
33 Saheel	Saheel
34 Sahnawaz Hussain	Sahnawaz
35 Sakshi Umesh	Sakshi
36 Samruddhi Deshmukh	Samruddhi
37 Saniya	Saniya
38 S Dhanvantari	S Dhanvantari
39 Sawale Nitin	Sawale
40 Muneeb Sahidi	Muneeb
41 Shajiya	Shajiya
42 Shivaprasad	Shivaprasad
43 Shivaleela	Shivaleela
44 Shwetha	Shwetha
45 Suhana	Suhana
46 Suryavamshi	Suryavamshi
47 Swagat Vijaya	Swagat
48 Swati K	Swati
49 Tanisha	Tanisha
50 Tanuja	Tanuja
51 Tanzeela	Tanzeela
52 Tasmiya	Tasmiya
53 Toseef	Toseef
54 Tousif	Tousif
55 Vishwanath	Vishwanath
56 W Adithya Ravi	W Adithya
57 Yamunasree	Yamunasree
58 Y Sahil	Y Sahil
59 Z Prathmesh	Z Prathmesh

Resource Persons:

1. H-DG: Dr Seema KM, Assistant Prof, DG - Seema 10/8/26
2. H-SA2: Dr Spoorthi, Assistant Prof, SA2 - Spoorthi 10/08/26

Organized by,

1. Dr Karthik N, HOD, Associate Prof. RSBK - Karthik 10/8/26
2. Dr Shweta S, Assistant Prof, RSBK - Shweta 10/8/26

IQAC Coordinator

Principal

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ACTIVITY REPORT

1	Names of the Programs/Camps	Integrated class for IInd ProfessionalBAMS Reg. seniors <i>VERTICAL INTEGRATION</i>
2	Department / Associations involved	Department of Roganidanaevamvikrutivijnana Association with Department of Kayachikitsa.
3	Venue	Patient ward
4	Conducted on	12.05.2026, 1:40 pm onwards
5	Objective of the Programs / Camps	Integrated class for IInd ProfessionalBAMS Reg. seniors by Department of Roganidanaevamvikrutivijnana Association with Departmentof Kayachikitsa
6	Activities carried out during the program	D-BED, INT, OSCE- VERTICAL INTEGRATION ✓
7	Resource person	Dr. Manoj Patil, Dr Vinutha Krishna Karki
8	Targeted population	2 nd Professional BAMS Students
9	Beneficiaries	28
10	Any other relevant information	OSCE to Approach to patient of Ardita with Parikshas and Cranial nerve examination.

11 Photograph/ Press clipping





Khlhdy
IQAC CO-ORDINATOR
 Sparthi Ayurvedic Medical College
 & Dr. S.V. Savadi Ayurveda Hospital
 Gangavathi-581217.

[Signature]
 Department Of KC

[Signature]
 Lecturer

[Signature]
 HOD

Khlhdy
 Dept. Of Roganidana IQAC Coordinator

[Signature]
 Principal

IQAC CO-ORDINATOR
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ACTIVITY REPORT

1	Names of the Programs/Camps	Integrated class for IInd Professional BAMS Reg. seniors VERTICAL INTEGRATION: ROGANIDANA & SHALAKYA -
2	Department / Associations involved	Department of Roganidana evam vikruti vijnana Association with Department of Shalakya tantra.
3	Venue	Shalakya OPD
4	Conducted on	2.07.2026, 11:30 am onwards
5	Objective of the Programs / Camps	Integrated class for IInd Professional BAMS Reg. seniors by Department of Roganidana evam vikruti vijnana Association with Department of Shalakya tantra
6	Activities carried out during the program	D-BED, INT, OSCE- VERTICAL INTEGRATION
7	Resource person	Dr. Sandeep , Dr Vinutha Krishna Karki
8	Targeted population	2 nd Professional BAMS Students
9	Beneficiaries	28 ✓
10	Any other relevant information	OSCE to Cranial nerve examination(optic nerve) – Visual acuity etc.
1	Photograph/ Press clipping	 



[Signature]

Department Of Shalakya

[Signature]

Lecturer

[Signature]

HOD

Dept. Of Roganidana

[Signature]

IQAC Coordinator

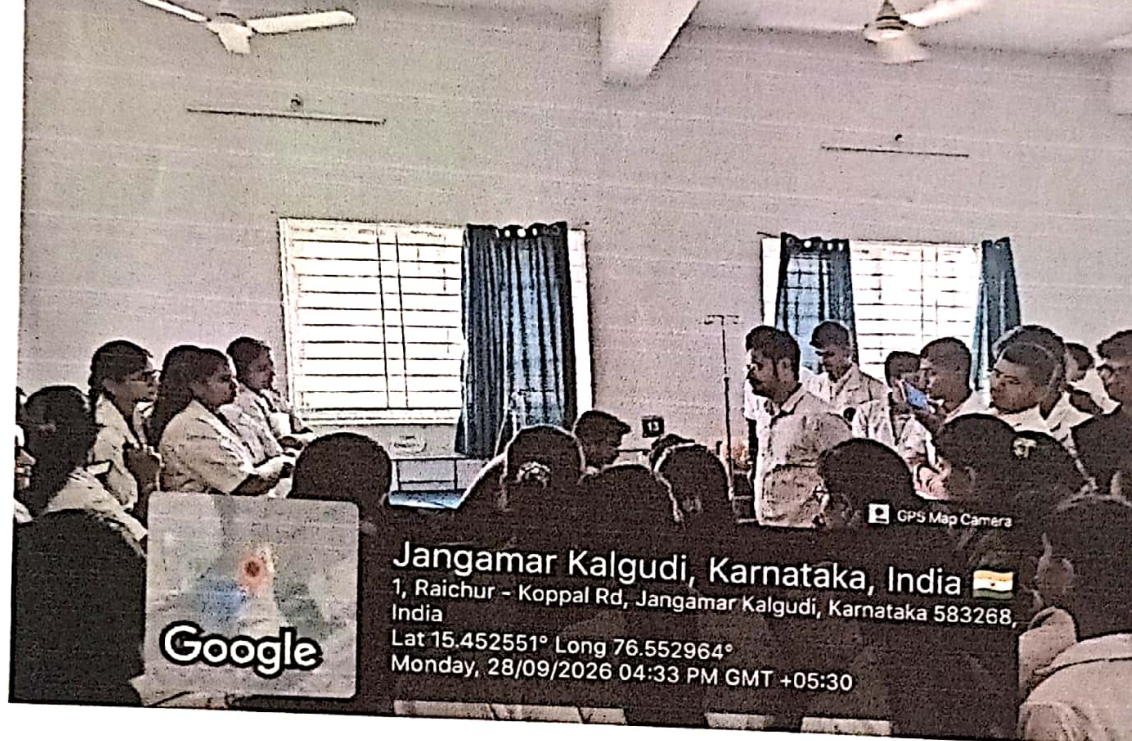
Principal

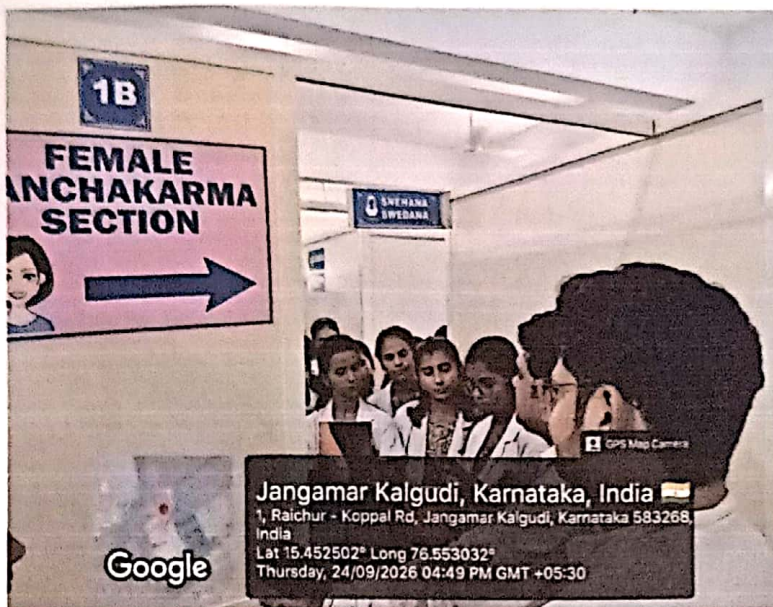
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ACTIVITY REPORT

1	Names of the Programs/Camps	Vertical & Horizontal Integrated class for I Professional BAMS
2	Department / Associations involved	Department of Ayurveda Samhitha & Siddhantha Association with Department of Panchakarma and Department of Shalakya
3	Venue	Panchakarma Thetare & Shalakya IPD
4	Conducted on	24.09.2026, 04:30pm onwards 28.09.2026, 04.00pm onwards
5	Objective of the Programs / Camps	• Practical Demonstration of Panchakarma • Surgical Demonstration of Ashta vidha shastra Karma
6	Activities carried out during the program	PPT Presentation • Case based learning
7	Resource person	Dr Abid Hussain Dr Sandeep Dr Vinod Kumar R H
8	Targeted population	I Professional BAMS Students
9	Beneficiaries	60





Dept of Ayurveda Samhita & Sidhantha:

[Signature]
Spoorthi

Dept of Pancha Karma

[Signature]
Ramesh

Dept Of Shalakya Tantra

[Signature]
S. S. S. M

[Signature]
K. H. S. S.
IQAC Coordinator 29/9/26

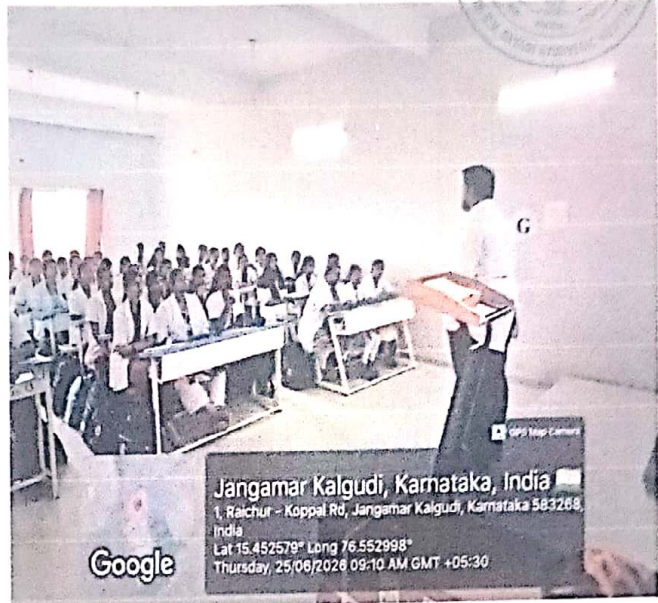
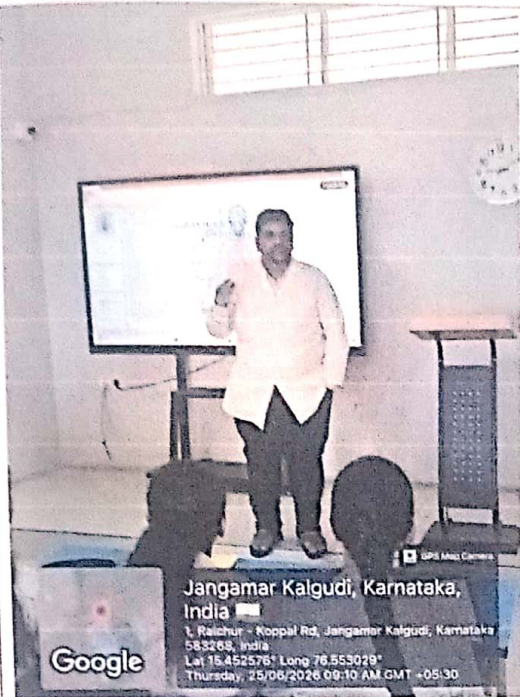
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1	Names of the Programs/Camps	Integrated class for I Professional BAMS
2	Department / Associations involved	Department of Rachana in Association with the Department of Panchakarma.
3	Venue	Charaka class
4	Conducted on	25/06/2026,
5	Objective of the Programs / Camps	Vertical Integrated class for I Professional BAMS
6	Activities carried out during the program	Lecture on clinical aspects of Sroto Shareera
7	Resource person	Dr. Abid Hussain, Dr Ajayamalatesh
8	Targeted population	First Professional BAMS Students
9	Beneficiaries	60
10	Any other relevant information	Students learned clinical aspects of Sroto Shareera with panchakarma treatments.
11	Photograph/ Press clipping  	



[Signature]

Lecturer

[Signature]

HOD

Department of PK

Dept. Of Rachana shareera

[Signature]

IQAC Coordinator

Principal

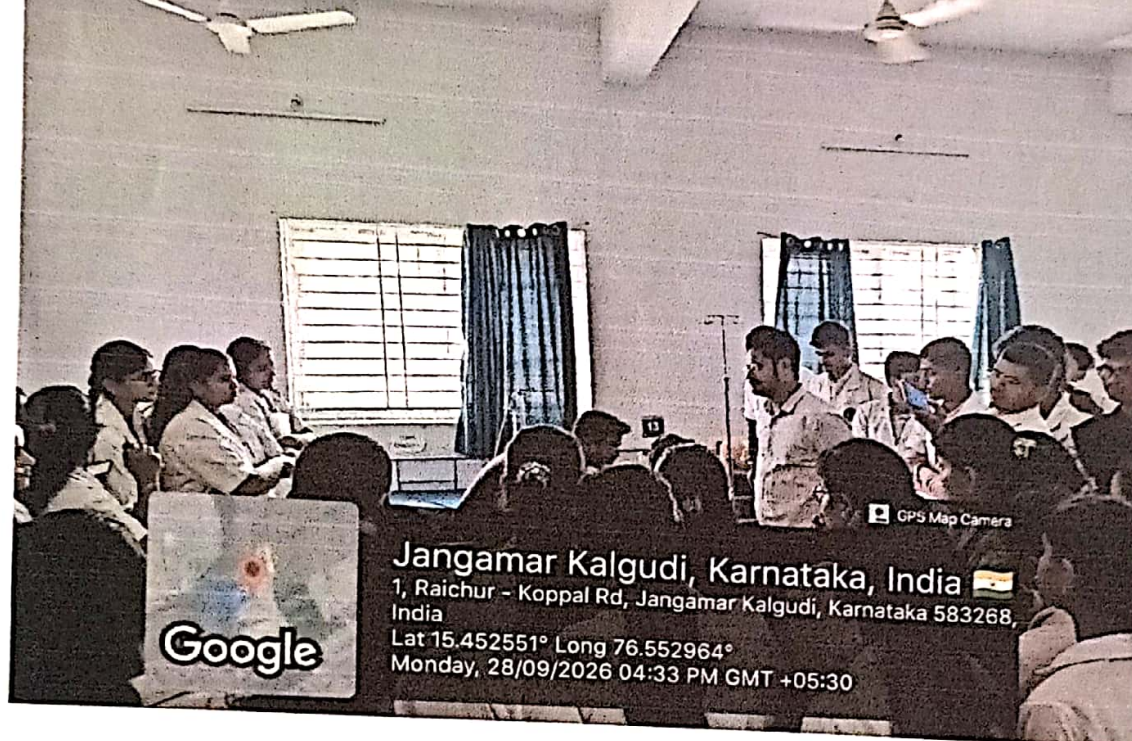
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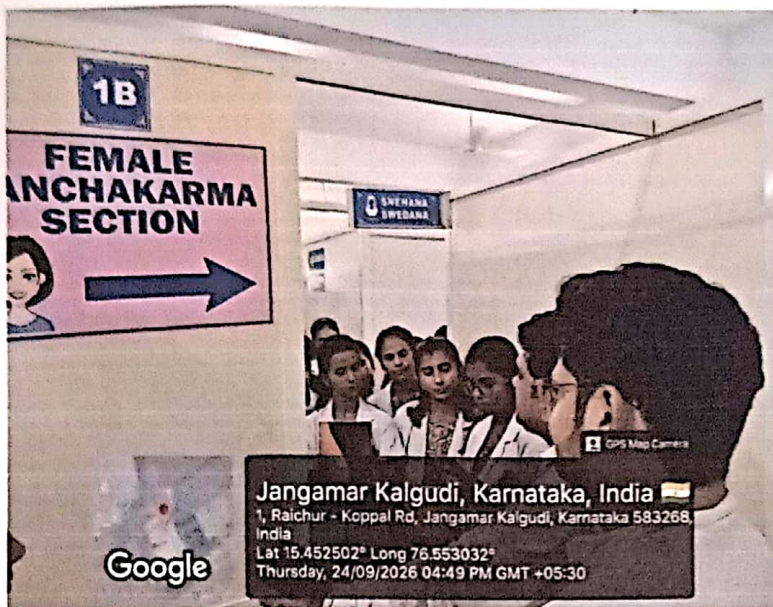
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Vidyanagar, GANGAVATHI-583 2



ACTIVITY REPORT

1	Names of the Programs/Camps	Vertical & Horizontal Integrated class for I Professional BAMS
2	Department / Associations involved	Department of Ayurveda Samhitha & Siddhantha Association with Department of Panchakarma and Department of Shalakya
3	Venue	Panchakarma Thetare & Shalakya IPD
4	Conducted on	24.09.2026, 04:30pm onwards 28.09.2026, 04.00pm onwards
5	Objective of the Programs / Camps	• Practical Demonstration of Panchakarma • Surgical Demonstration of Ashta vidha shastra Karma
6	Activities carried out during the program	PPT Presentation • Case based learning
7	Resource person	Dr Abid Hussain Dr Sandeep Dr Vinod Kumar R H
8	Targeted population	I Professional BAMS Students
9	Beneficiaries	60





Dept of Ayurveda Samhita & Sidhantha:

[Signature]
Spoorthi

Dept of Pancha Karma

[Signature]
Ramesh

Dept Of Shalakya Tantra

[Signature]
S. S. S. M

[Signature]
K. H. S. S.
IQAC Coordinator 29/9/26

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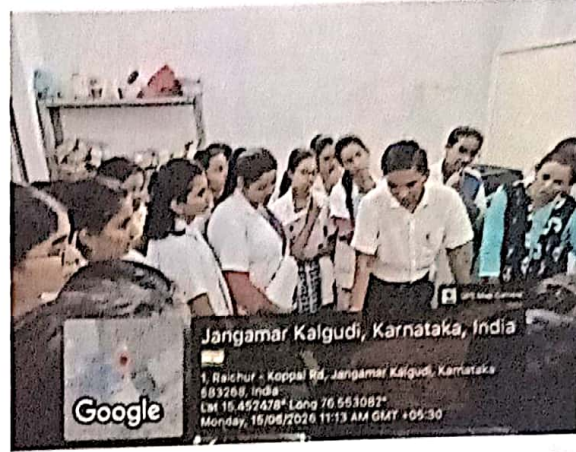
ACTIVITY REPORT

1	Names of the Programs/Camps	Vertical Inter departmental Seminar Aragwadiadhyaya
2	Department / Associations involved	Dept of Samhita and Sidhanta – Department of PK
3	Venue	Ist professional BAMS Class Room
4	Conducted on	16/07/2026
5	Objective of the Programs / Camps	1. Integrative approach on Aragwadiadhyaya
6	Activities carried out during the program	Inter departmental Seminar
7	Resource person	Dr Abid Hussain Department of Panchakarma Dr Khalid B.M Dept of Samhita
8	Guests	-
9	Targeted population	59
10	Beneficiaries	59
11	Any other relevant information	-



12 Photograph/ Press clipping

Vertical Inter departmental Seminar



K. H. S. S.
Head of Dept 11/2/26

K. H. S. S.
IQAC Coordinator
IQAC CO-ORDINATOR
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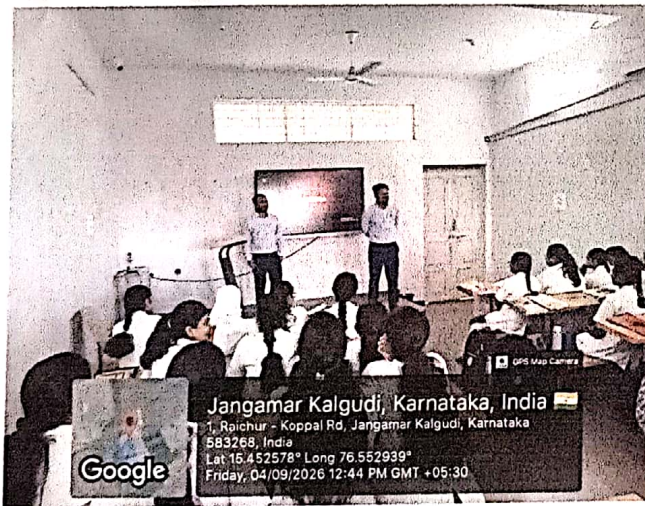
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ACTIVITY REPORT

1	Names of the Programs/Camps	Integrated class for I Professional BAMS
2	Department / Associations involved	Department of Ayurveda Samhitha & Siddhantha Association with Department of Rachana Shareera
3	Venue	I Year Class room
4	Conducted on	04.09.2026, 11:30am onwards
5	Objective of the Programs / Camps	Describe Purusha as mentioned in Ayurveda. Differentiate Ativahikapurusha/ Sukshmasharira/ Rashipurusha/ Chikitsapurusha/ Karmapurusha/ Shad-dhatvatmaka-Purusha
6	Activities carried out during the program	PPT Presentation
7	Resource person	Dr. Vinod Kumar R H ,Dr Ajay Maltesh
8	Targeted population	I Professional BAMS Students
9	Beneficiaries	60

Photography:



[Signature]

Dept of Ayurveda Samhita & Sidhantha:

[Signature] 5/09/26

Dept of Shareera Rachana:

[Signature] 5/9/26
IQAC Coordinator

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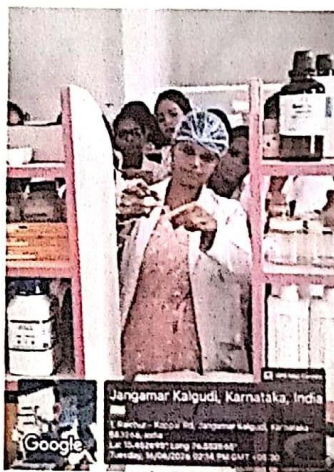


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ACTIVITY REPORT

1	Names of the Programs/Camps	Vertical Inter departmental Seminar Shadvirechanshatastiyia adhyaya
2	Department / Associations involved	Dept of Samhita and Sidhanta – MCRL / DG
3	Venue	Ist professional BAMS Class Room
4	Conducted on	16/06/2025
5	Objective of the Programs / Camps	1. Integrative approach on AYURVEDA and Contemporary science
6	Activities carried out during the program	Inter departmental Seminar
7	Resource person	Afreen B –Analytical Chemist MCRL Dr Khalid B.M Dept of Samhita
8	Guests	-
9	Targeted population	59
10	Beneficiaries	59
11	Any other relevant information	-



12	Photograph/ Press clipping	Vertical Inter departmental Seminar   
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K. H. J.
Head of Dept 11/8/22

K. H. J.
IQAC Coordinator
IQAC CO-ORDINATOR
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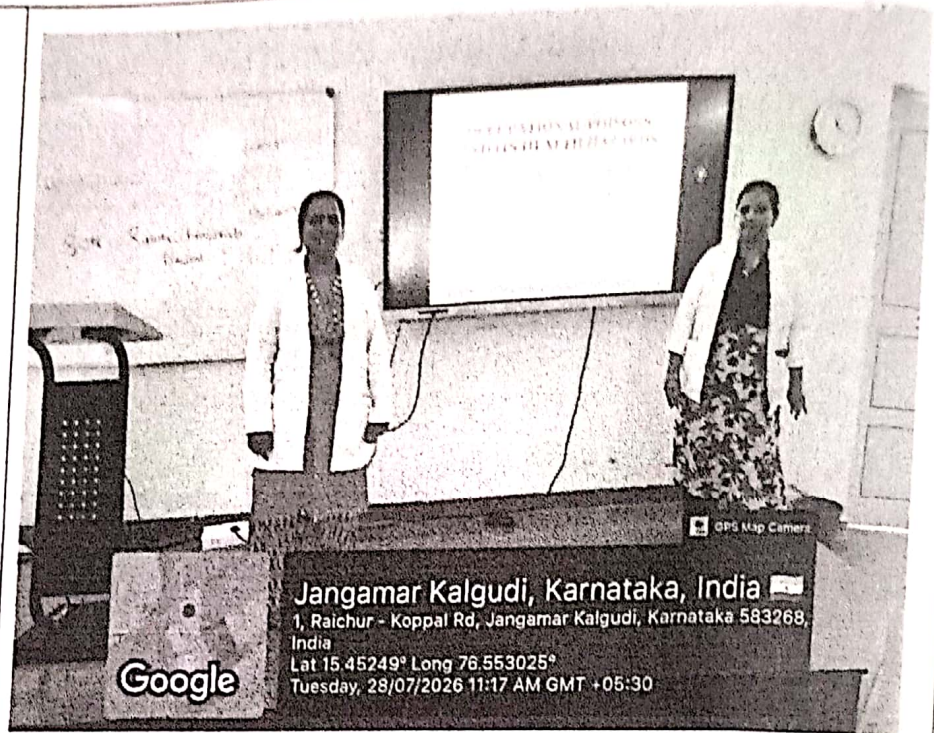


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1	Names of the Programs/Camps	INTER DEPARTMENTAL SEMINAR
2	Department / Associations involved	AGADA TANTRA AND SWASTHAVRITTA
3	Venue	2 ND YEAR CLASS ROOM-AGNIVESHA BATCH
4	Conducted on	28/07/2026
5	Objective of the Programs / Camps	• TO PROMOTE INTERDISCIPLINARY LEARNING AND COLLABORATION AMONG DEPARTMENTS • TO ENCOURAGE THE EXCHANGE OF IDEAS, EXPERIENCES, AND RECENT ADVANCEMENTS.
6	Activities carried out during the program	• PPT PRESENTATION
7	Resource person	DR.SRUJANA AILI
8	Guests	-
9	Targeted population	60
10	Beneficiaries	59
11	Any other relevant information	-

12 Photograph/
Press clipping





S. S. S.

HEAD OF THE DEPARTMENT

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K. H. S.
4/08/26
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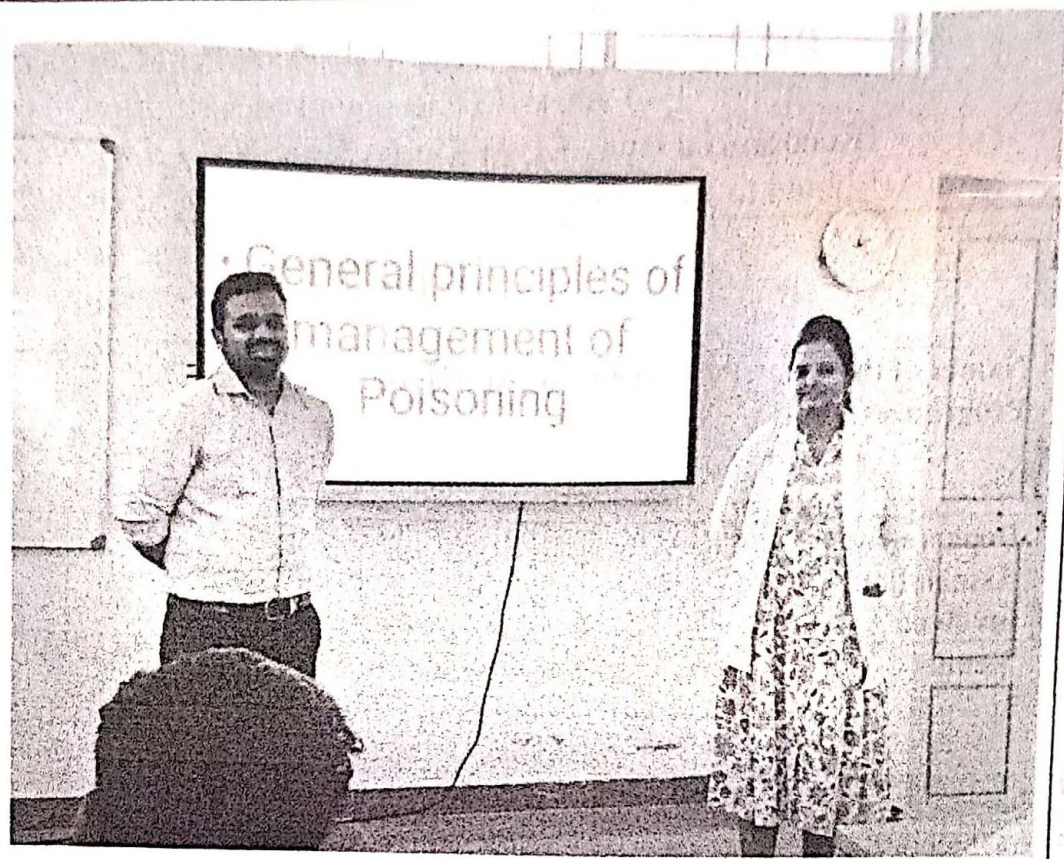
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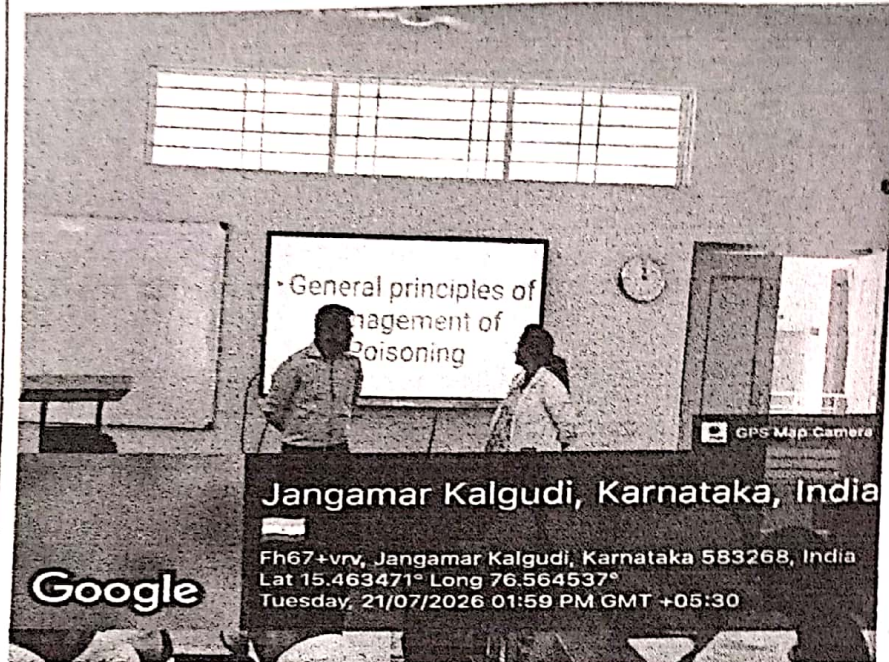


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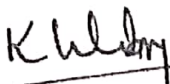
ACTIVITY REPORT

1	Names of the Programs/Camps	INTERDEPARTMENTAL SEMINAR
2	Department / Associations involved	AGADA TANTRA AND KAYACHIKITSA
3	Venue	2 ND YEAR CLASSROOM - AGNIVESHA BATCH
4	Conducted on	21/07/2026
5	Objective of the Programs / Camps	• TO PROMOTE INTERDISCIPLINARY LEARNING AND COLLABORATION AMONG DEPARTMENTS • TO ENCOURAGE EXCHANGE OF IDEAS, EXPERIENCES AND RECENT ADVANCEMENTS.
6	Activities carried out during the program	• PPT PRESENTATION
7	Resource person	DR.MANOJ KUMAR PATIL
8	Guests	DR.MANOJ KUMAR PATIL
9	Targeted population	60
10	Beneficiaries	59 ✓
11	Any other relevant information	-






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ACTIVITY REPORT

1.	Names of the Programs/Camps	Vertical integration class
2.	Department / Associations involved	Department of Rachana Shareera and Swasthavritta and yoga
3.	Venue	Charaka common classroom
4.	Conducted on	7/10/2026
5.	Objective of the Programs / Camps	Vertically integrated class for I Professional BAMS
6.	Activities carried out during the program	Upper limb muscles involved in yoga Lower limb muscles involved in yoga Thorax and abdomen muscles involved in Yoga
7.	Resource person	Dr Srujana Aili, Associate Professor, Dept. of Swastha and yoga
8.	Targeted population	First-year professional BAMS Students
9.	Any other relevant information	Students learnt about different muscles involved in yoga postures
10.	Beneficiaries	60
11.	Photograph/ Press clipping	



RESOURCE PERSON

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ACTIVITY REPORT - INTER - DEPARTMENTAL SEMINAR

1	Names of the Programs/Camps	Inter - departmental seminar Swasthavritta & Dravya Guna
2	Department / Associations involved	Department of Swasthavritta and yoga with Dravya Guna
3	Venue	Classroom
4	Conducted on	Date - 29/09/2026
5	Objective of the Programs / Camps	Objectives of Staple Diet and Nitya Sevaniya Dravya To provide adequate energy and essential nutrients for daily activities. To support growth, development, and maintenance of the body. To maintain proper digestion and metabolism. To fulfil the body's daily nutritional requirements. To promote maintenance of health (Swasthya). To support proper digestion and Agni. To provide nourishment and maintain strength (Bala).
6	Activities carried out during the program	Explanation regarding Staple Diet and Nitya Sevaniya Dravya
7	Resource person	Dr Seema Assistant Professor Department of Dravya Guna
8	Guests	-
9	Targeted population	2 nd Professional BAMS Students – Agnivesha Batch
10	Beneficiaries	59
11	Any other relevant information	-



Sri Jay
HOD

Dept. of Swasthavrita
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Kuldeep
19/10/26
IQAC

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Praveen
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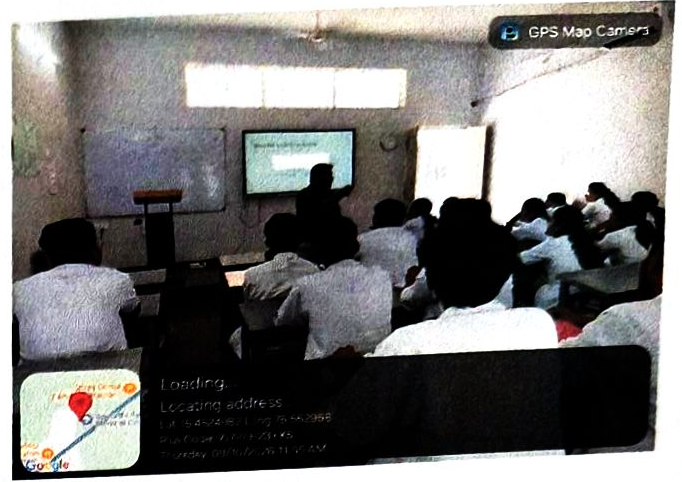
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ACTIVITY REPORT - INTER - DEPARTMENTAL SEMINAR

1	Names of the Programs/Camps	Inter - departmental seminar Swasthavritta and kayachikitsa
2	Department / Associations involved	Department of Swasthavritta and yoga with kayachikitsa
3	Venue	Classroom
4	Conducted on	Date - 8/10/2026
5	Objective of the Programs / Camps	Objectives of Satvavajaya Chikitsa • Control of the mind – restraining the mind from unwholesome or harmful objects. • Control of the senses – regulating sensory activities and preventing excessive sensory indulgence. • Removal of negative thoughts and emotions – reducing fear, anger, grief, anxiety, hatred, and other disturbing mental states. • Development of positive thoughts – cultivating courage, confidence, patience, compassion, and mental stability. • Strengthening mental faculties – improving <i>dhi</i> (intellect), <i>dhriti</i> (willpower), and <i>smriti</i> (memory). • Improvement of mental concentration – promoting attention, awareness, and self-control. • Correction of unhealthy habits and behaviour – encouraging wholesome conduct and lifestyle. • Prevention and management of mental disorders – maintaining mental equilibrium and helping in the treatment of psychological disturbances. • Promotion of mental well-being – achieving a balanced, calm, and stable state of mind.
6	Activities carried out during the program	Explained regarding trigunas in mental health
7	Resource person	Dr Manoj Assistant professor department of kayachikitsa
8	Guests	-
9	Targeted population	2 nd Professional BAMS Students – Agnivesha Batch
10	Beneficiaries	59
11	Any other relevant information	-



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Khudoy
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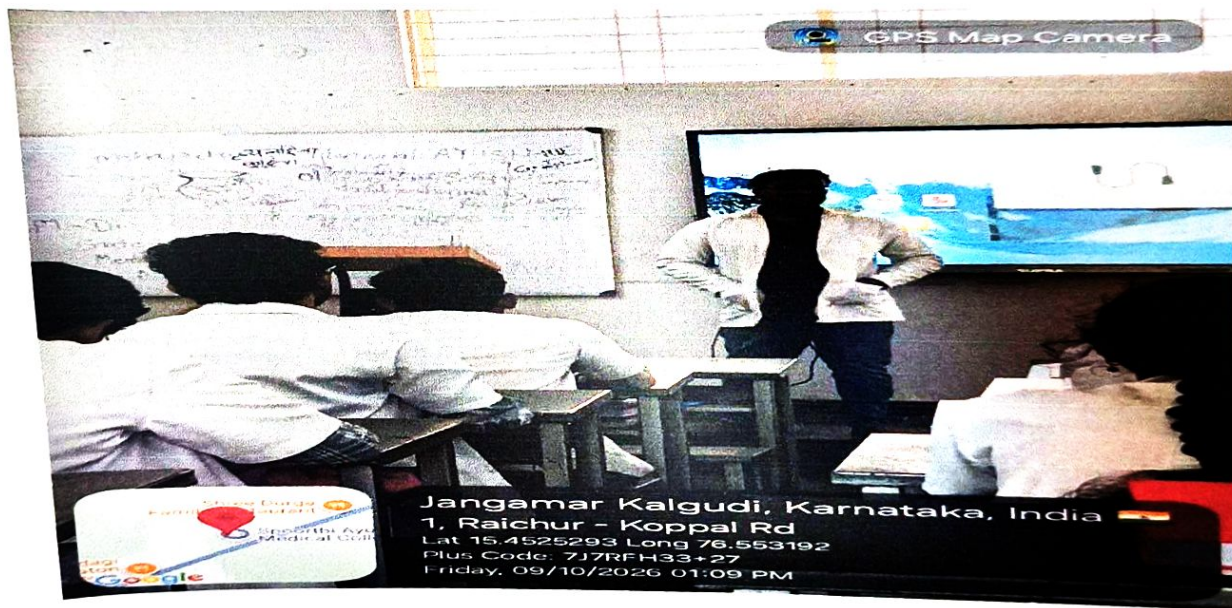
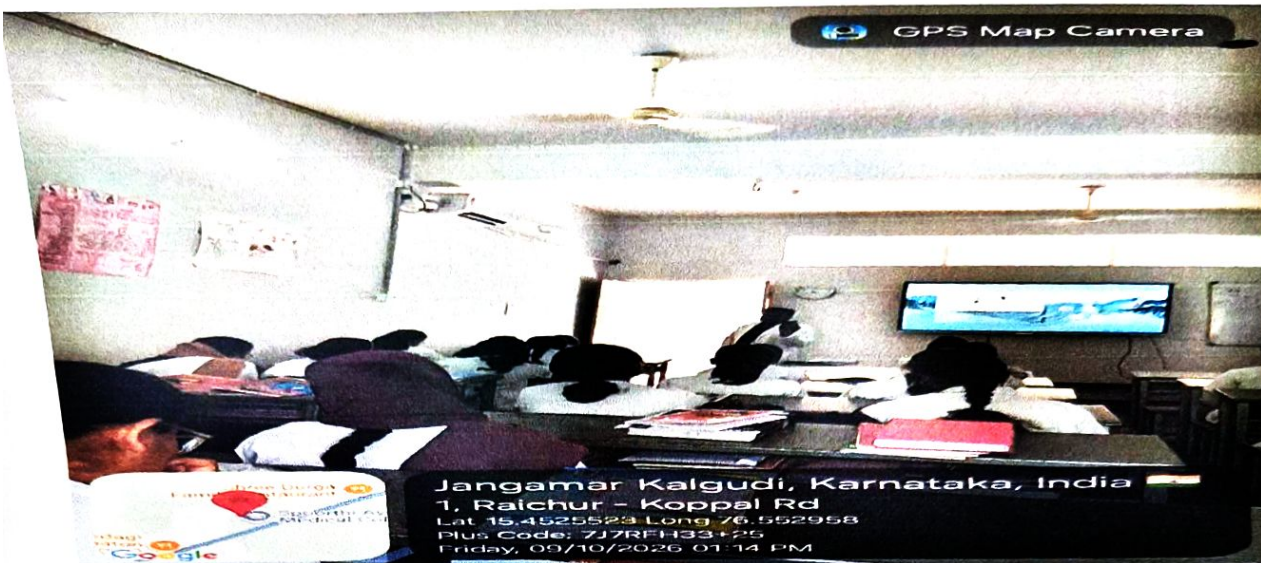
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ACTIVITY REPORT - INTER - DEPARTMENTAL SEMINAR

1	Names of the Programs/Camps	Inter - departmental seminar Swasthavritta and shalakya tantra
2	Department / Associations involved	Department of Swasthavritta and yoga with shalakya tantra
3	Venue	Class room
4	Conducted on	Date - 09/10/2026
5	Objective of the Programs / Camps	Objectives To identify common digital health problems associated with excessive use of mobile phones, computers, and other digital devices. • To assess the effects of excessive screen time on physical health. • To identify problems such as eye strain, headaches, neck pain, back pain, and poor posture. • To understand the impact of digital device use on sleep patterns and quality of sleep. • To assess the effects of excessive digital technology use on mental health, including stress, anxiety, and depression. • To identify the risk of digital addiction and excessive social media use. • To understand the importance of maintaining correct posture and taking regular breaks while using digital devices. • To create awareness about cyberbullying, online safety, and digital privacy.
6	Activities carried out during the program	Digital health problems explained in detail
7	Resource person	Dr Sandeep Assistant professor department of shalakya tantra
8	Guests	-
9	Targeted population	2 nd Professional BAMS Students – Agnivesha Batch
10	Beneficiaries	59
11	Any other relevant information	-



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K. H. Jay
IQAC 13/10/26

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