

SKILL LAB ACTIVITY REPORT

Atreya Ayurveda Pratisthana®

Spoorthi Ayurveda Medical College and Dr S.V.Savadi Ayurvedic Medical college Gangavathi

ISO 9001:2015 Recognized Institution

(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)

(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Department of Agada Tantra

Activity: Skill Lab Demonstration – Gastric Lavage and CPR

Resource Person: Dr. Saraswati, Professor, Department of Agada Tantra

Venue: Skill Laboratory

Objective

The skill lab session was conducted to provide students with hands-on exposure and practical understanding of **gastric lavage and cardiopulmonary resuscitation (CPR)** as essential emergency procedures in poisoning and life-threatening situations.

Activities Conducted

1. Gastric Lavage Demonstration

- The indications, contraindications, precautions, and procedure of gastric lavage were explained.
- Students were introduced to the required instruments and equipment.
- The correct positioning of the patient and stepwise procedure were demonstrated using the skill-lab mannequin.
- Emphasis was given to airway protection, prevention of aspiration, and appropriate post-procedure care.
- Students were given an opportunity to observe and practise the procedure under supervision.

2. CPR Demonstration

- Dr. Saraswati demonstrated the basic steps of CPR using a CPR mannequin.
- Students were taught recognition of cardiac arrest, activation of emergency response, chest compressions, rescue breathing, and use of an AED where available.
- Correct hand placement, compression depth, rate, and coordination during CPR were demonstrated.
- Students subsequently practised CPR skills individually under supervision.

1	JEEVAKA BATCH	4 HRS
2	AGNIVESHA BATCH	4 HRS
3	CHARAKA BATCH	2 HRS
4	PHARMACY STUDENTS	2 HRS

Learning Outcomes

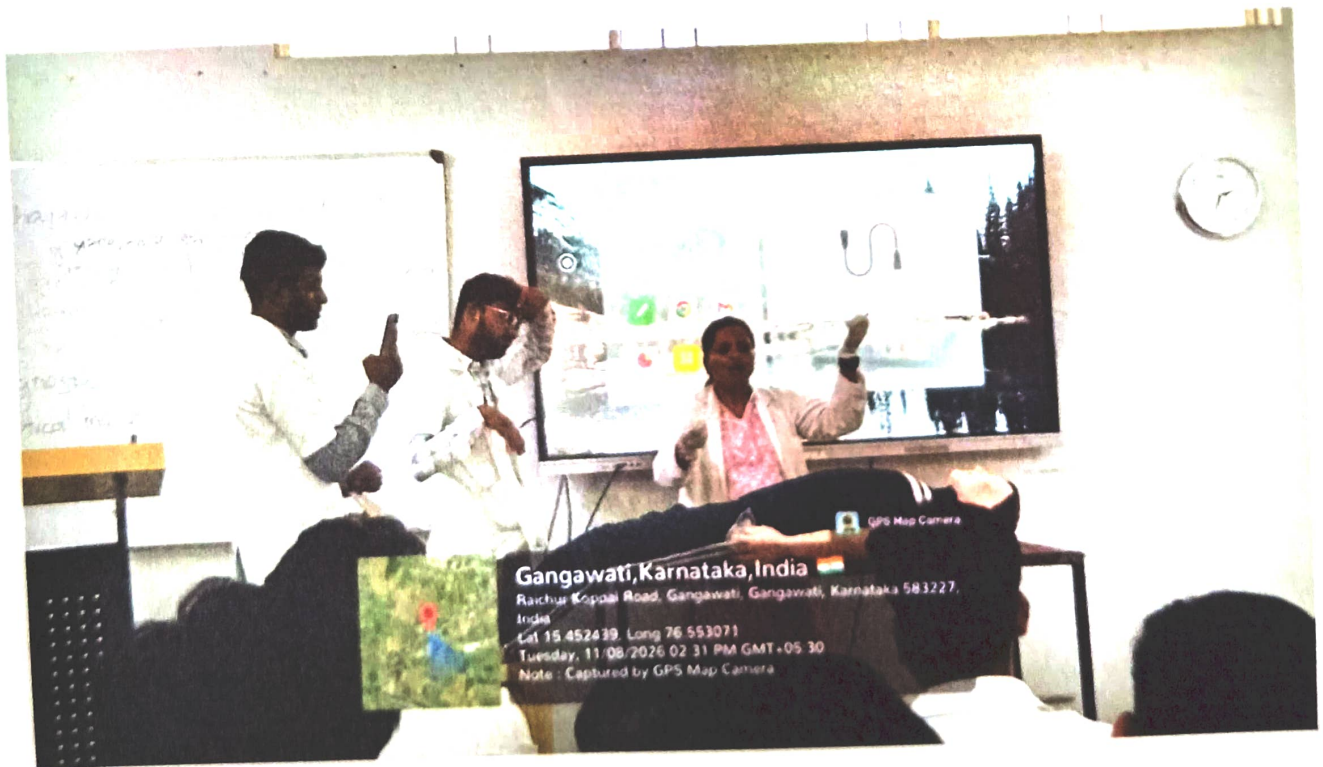
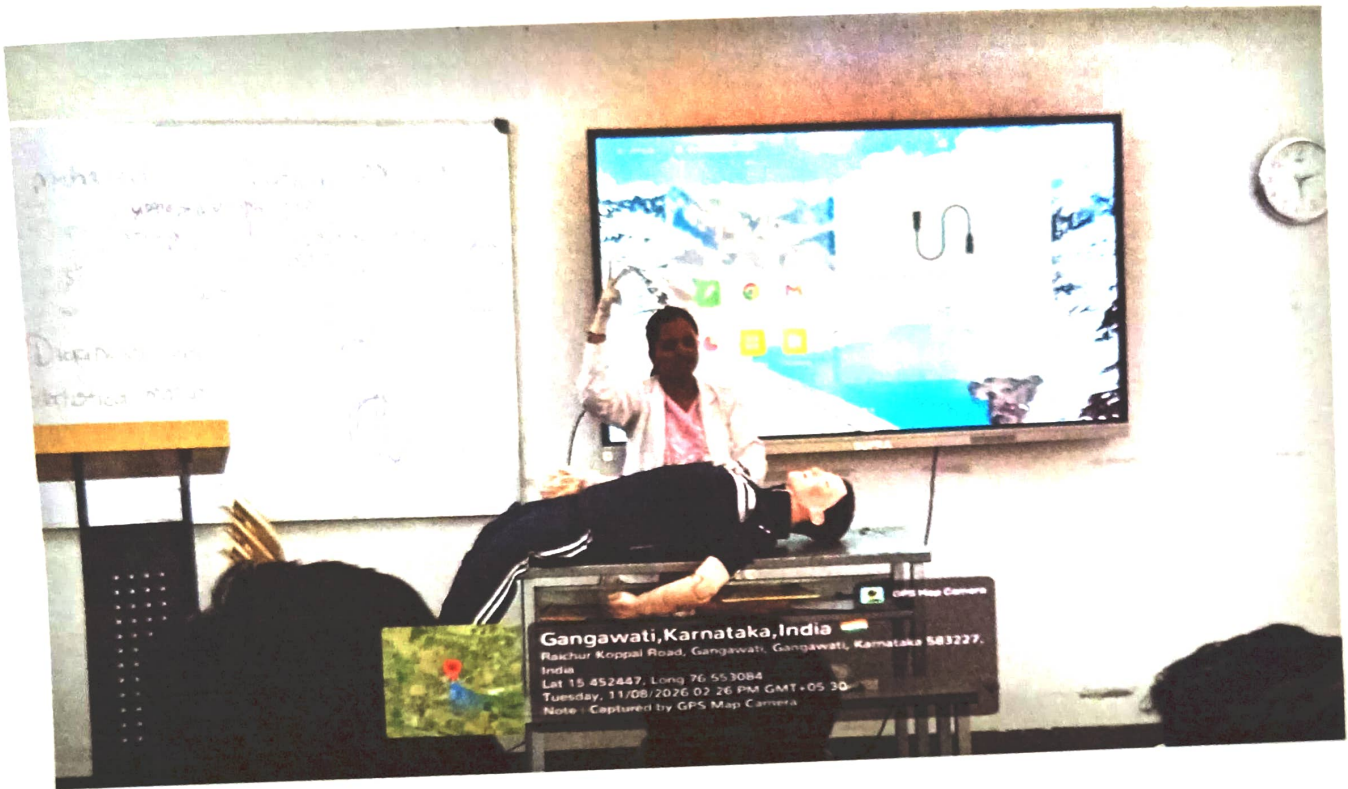
At the end of the session, students were able to:

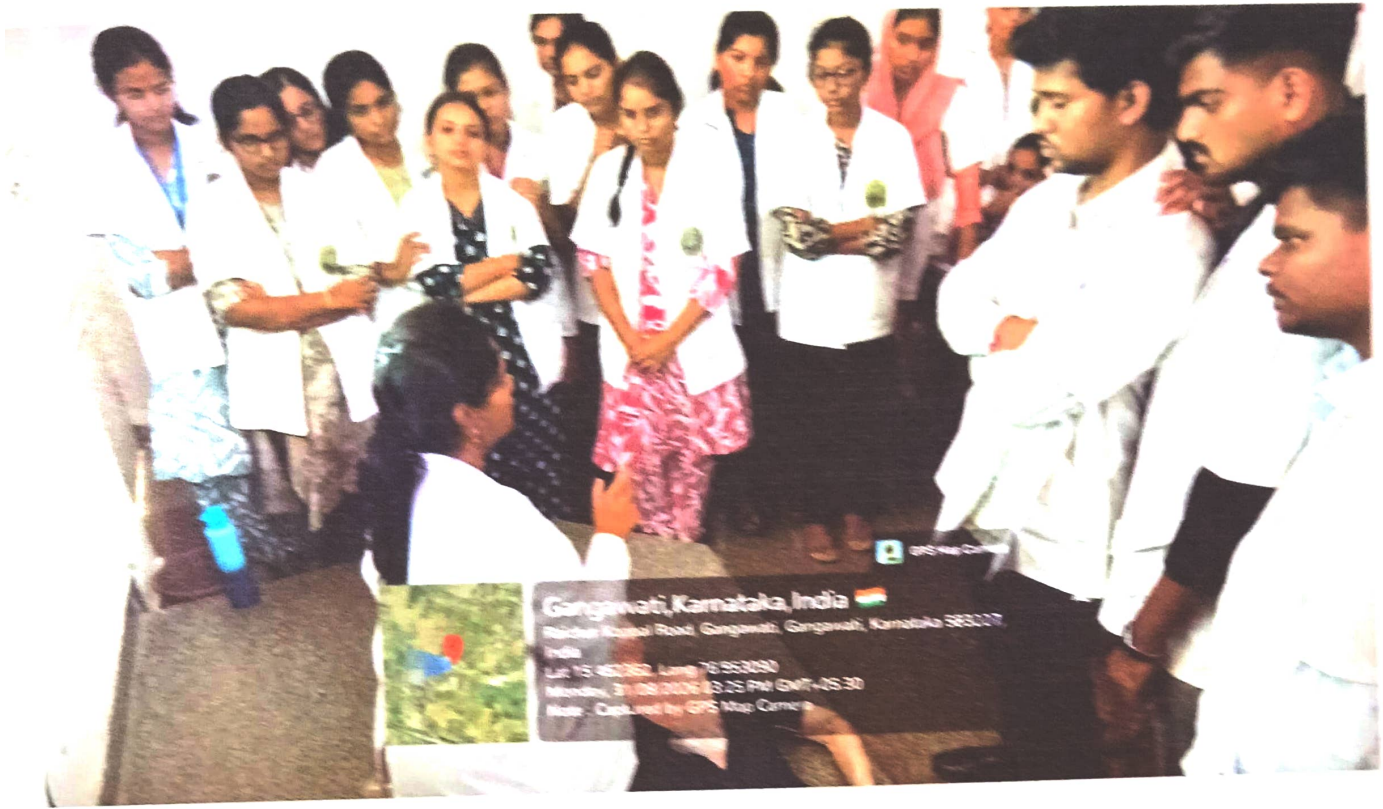
- Explain the principles and indications of gastric lavage.
- Identify and handle basic equipment used for gastric lavage.
- Demonstrate the basic steps of gastric lavage on a mannequin.
- Recognize a person requiring CPR.
- Demonstrate effective chest compressions and basic CPR technique.
- Understand the importance of timely emergency intervention in poisoning and cardiac emergencies.

Conclusion

The skill lab session provided an effective **student-centred, hands-on learning experience**, enabling students to bridge the gap between theoretical knowledge and practical application. The demonstrations of gastric lavage and CPR enhanced students' confidence and competency in managing emergency situations relevant to **Agada Tantra and emergency care**.









GPS Map Camera



Jangamar Kalgudi, Karnataka, India 
No.70, Ward No.3, Jangamar Kalgudi, Karnataka 583268, India
Lat 15.456036° Long 76.560202°
Wednesday, 10/12/2025 03:28 PM GMT +05:30