



केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्
आयुष मंत्रालय, भारत सरकार
Central Council for Research in Ayurvedic Sciences
Ministry of Ayush, Govt. of India

CERTIFICATE

*Studentship Program for Ayurveda Research Ken
SPARK - 4.0 (2025-26)*

This is to certify that

Madhukar L.

*pursuing 1st Year Course at Spoorthi Ayurvedic Medical College & Dr. S.V. Savadi
Ayurvedic Hospital, Raichur Road, Vidyanagar, Gangavathi- 583227, Karnataka*

has accomplished his Research Project titled,

*"In - Vitro Antioxidant Study & Quantification Total Phenols of Fermented
Medicine Balarishta."*

under the guidance of

*Dr. Vinod Kumar R II, Assistant Professor,
Dept. of Samhita Siddhanta*

*for CCRAS Studentship Program for Ayurveda Research Ken (SPARK-4.0)
for 2025-26 batch*

*He has successfully completed the Studentship with Good Grade as per evaluation of
the Final Report of the Project.*

*The Council records its sincere appreciation for the work accomplished by the Student
and extends best wishes for success in all future endeavors.*

Dr. N. Srikanth
Deputy Director General

Dr. Pratap Makhija
Director (Institute)

Prof. Vd. R.N. Acharya
Director General



ATREYA AYURVEDA PRATISTHANA®
SPOORTHY AYURVEDA MEDICAL COLLEGE AND
DR S.V.SAVADI AYURVEDIC MEDICAL COLLEGE
GANGAVATHI

ISO 9001:2015 Recognized Institution
 (Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
 (Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)



Date: 16-09-2026

CLINICAL TRIAL UNIT

SL. NO	TITLE	GUIDE	STUDENT NAME	STATUS
1	A Comparative Phytochemical Analysis Of Lakshmana(Ipomoea Sepiria) And Its Pratinidhi Dravya Mayurasikha(Adiantum Caudatum)	Dr. Spoorthi C Mathad	Kavana H S	Provisionally Registered
2.	Effect Of Bhramari Pranayama On Sleep Quality And Perceived Stress Among College Students: A Randomized Controlled Clinical Study	Dr. B M S V Maheshwari	Tejaswini Sudhir Kendre	Provisionally Registered
3.	In Vitro Comparative Evaluation Of ADME Related Parameters Of Trayodashanga Guggulu With Rasnasaptaka Kashaya Using UV- Vis Spectrophotometry	Dr. Vinod Kumar L H	Madhukar L	Provisionally Registered
4	A Study To Assess The Prevalence And Severity Of Dysmenorrhea And To Evaluate The Effect Of Selected Yoga Asanas With Reference To Lifestyle And Food Habits Among Young Women	Dr. Saraswati	Trupti M A Salunke	Provisionally Registered
5	Comparative Pharmaceutical And Phytochemical Evaluation Of Different Kashaya Of Mandukaparni With Special Reference To Medhya Rasayana	Dr. Vinod Kumar L. H Dr. Spoorthi C Mathad	Swagat Galande	Provisionally Registered
6	Mapping The Etiology And Clinical Correlates Of Mukhadushika(Acne Vulgaris): A Observational Survey- Based Study And Clinical Trial Of A Dhushavishari Agada Lepa	Dr. Saraswati	Gargi Ganesh Jangam	Provisionally Registered
7	A Cross- Sectional Study On The Association Of Satva Sara Lakshana With Screen Time And Sleep Quality Among Professional College Students	Dr. Vinod Kumar L H	Geetika Prashant Sutar	Provisionally Registered
8	A Cross- Sectional Study On The Association Between Pre-Bed Time Screen Exposure With Sleep Quality Among Young Adults	Dr Ajay Kumar A	Spoorti	Provisionally Registered
9	A Comparative Clinical Study To Evaluate The Efficacy Of Krishnadi Churna With Madhu And Ghrita As Anupana In Tamaka Svasa W.S.R To Bronchial Asthama	Dr. Vinod Kumar L. H	Manavi K Linga	Provisionally Registered
10	A Randomized Comparative Clinical Study To Evaluate The Effect Of Dhanvantara Taila Janu Basti With & Without Eranda Patra Upanaha In Janu Sandhigata Vata W.S.R To Osteoarthritis Of The Knee	Dr. Vinod Kumar L H Dr. Manoj Kumar Patil	Ms. Swati G Khatanvi	Provisionally Registered
11	A Comparative Clinical Study To Evaluate The Efficacy Of Modified Dosage Form Of Sitopaladi Churna Into Capsule In Kasa	Dr. Saraswati	G Niharika	Provisionally Registered
12	Comprehensive Chemical , Phytochemical & Physicochemical Characterization Of Dhatura And In-Vitro Evaluation Of Its Interaction With Tandulodaka	Dr. Saraswati	Anjali	Provisionally Registered
13	Physicochemical And Phytochemical Analysis Characteristics Of Madhodaka And Manda	Dr saraswati Dr spoorthi Dr Vinutha	Ravi varma	Provisionally Registered
14	Comparative physicochemical and phytochemical evaluation of shunti (zingiber officinale) and Aluka (solanum tuberosum) as pathya and Apathya kanda dravyas	Dr Seema Dr Pradeep	Sakshi	Provisionally Registered
15	Physiochemical, Inorganic And Nutritional Evaluation Of Laja Manda To Explore Its Potential As Pathya In Atisara.	Dr Maheshwari Dr Srujana	Rohan kumble	Provisionally Registered
16	Comparative Clinical Study To Evaluate the Efficacy of Karavellaka Swarasa and Nimbapatra Swarasa in the Management of Prameha W.S.R to Type 2 Diabetes Mellitus.	Dr B.S.Savadi Dr Renuka	Harshita Naidu	Provisionally Registered
17	An Open-Label, Double-Arm, Randomized Control Trial To Evaluate The Efficacy Of Gandhaka Rasayana And Gairikadi Lepa In Comparison With Acyclovir And Calamine Lotion In The Management Of Pittaja Visarpa (Herpes Zoster)	Dr Karthik	Harshita	Provisionally Registered
18	A Cross Sectional Study Assessment of Water Geochemistry And Dietary Risk Factors Associated With Prevalence In Shwira Kustha(Vitiligo) In Gangavathi Taluk Koppal	Dr Khalid B.M	Varsha	Provisionally Registered
19	A Comparative Pharmaceutical and Analytical Study of Nava Ghrita and Purana Ghrita	Dr Shwetha	Shaziya	Provisionally Registered

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