



Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical College, Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

IQAC CIRCULAR: CRITERION I

Date: 18/07/2026

To,

✓ I and II Professional BAMS Teaching Staff
Spoorthi Ayurveda Medical College and
Dr S.V. Savadi Ayurvedic Medical College, Gangavathi

Sub: Integration in the department, Cross-cutting issues, Value-Added Course, and field visits Reg

As per the above subject for the second term First Professional BAMS, and Second professional I term, the Vertical & Horizontal Integration seminars, Value-added, add-on course, cross-cutting issues, and field visits have to be conducted, and the report with geo-tagged photo should be submitted to the IQAC. Kindly find the attachment of the Interdepartmental Seminar prescribed as per the NCISM syllabus.

IQAC Coordinator Principal

Copy to

1. All staffs of First Professional BAMS
2. All staffs of Second Professional BAMS
3. IQAC Copy
4. Dean Office
5. Office Copy


PRINCIPAL

Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Vidyanagar, GANGAVATHI-583 227.



INTEGRATION CLASSES-TIMETABLE

[Ist Term]

Second ProfessionalBAMS2026

Sl.No	Topic	Integration	Dept	Teacher In charge
Subject Code: AyUG-RB				
1	Topic 3 3.Adharbhuta Siddhanta (Application of fundamentalprinciples): Explain Dravya Samgrahavidhi. Explain types of Bhumi desha and types of drugs to be collected from particular place & places fromwhere Dravya should not be collected.	Vertical Integration	H-DG	
2	Describe the time of Dravya collection and explain the rationality behind it	Vertical Integration	H-DG	
3	Enlist parts of Sthavara & Jangama Dravyas used forAyurvediyaAushadhinirmana.	Vertical Integration	H-DG	
4	Define Samskara. Discuss role of Samskara in AyurvediyaAushadhiNirmanalong with various examples.	Vertical Integration	H-Sam hita	
5	Describe Ardra - Shushka Dravya & Anukta Visheshokta Dravya collectionprinciples.	Vertical Integration	H-DG	
Subject Code: AyUG-AT				
1.	Topic 2 Visha Chikitsa (Management of Poisoning) Describe the general principles of management of poisoning	Vertical Integration	V-KC	



2.	Topic 5 Visha Upadrava and diseases caused by exposure to Visha/poisons Discuss various occupational poisons and their health hazards.	Vertical Integration	H-SW	
----	--	----------------------	------	--

SUBJECT CODE: AyUG-SA2				
1	Topic 1 Cha. Su. 13- Sneha Adhyaya Mention yoga and dayoga for snehana Ca Su 13/52-56.	Vertical Integration	V-PC	
2	Topic 5 Cha. Su. 17- Kiyantashiraseeya Adhyaya Complement knowledge of O just to the existing understanding (additional important features mentioned in CS) Ch Su 17/73-77	Vertical Integration	H-RN	
3	Topic 13 Cha. Su. 25- Yajjapurushheeya Adhyaya Enlist important agryas related with aushadha, anna and vihara Ch Su 25/38-40	Horizontal Integration	RS- DG - RN	
4	Topic 14 Cha. Su. 26- Atreyabhadra kaapyeeya Adhyaya Differentiate Dravya prabhava and gunaprabhava with examples Ch Su 26/13	Vertical Integration	H-DG	
5	Explain Dravya karmukata Siddhant with examples Ch Su 26/13	Vertical Integration	H-DG	
6	Explain method of perception of rasa, veerya and vipaka of dravyas Ch Su 26/66	Vertical Integration	H-DG	
7	Enlist the examples of Prabhava Ch Su 26/68-70	Vertical Integration	H-DG	



SUBJECTCODE:AyUG-DG

1	(Practical) Topic 8 8. Dravya prayoga PerformtheselectionofEkaladravyaprayo gainvariousclinical conditions by masked case sheets.	Vertical Integration	H-RN	
---	---	-------------------------	------	--

SUBJECTCODE:AyUG-RN

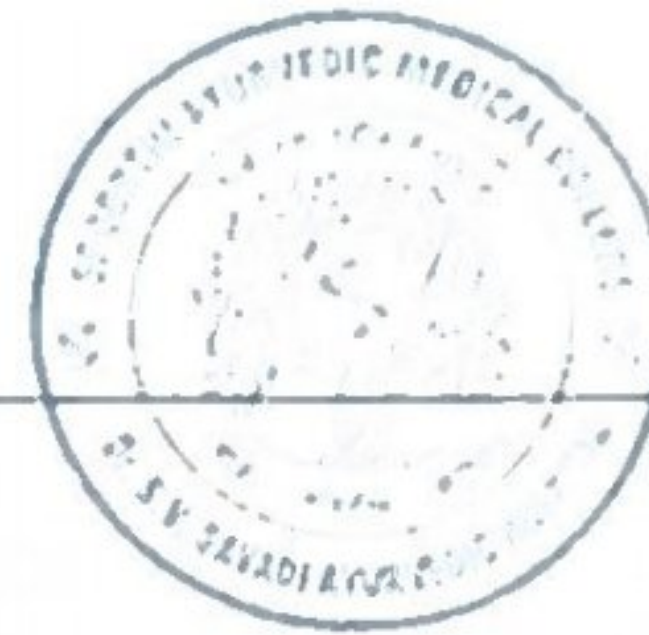
1	PaperI FundamentalPrinciplesof Vikriti Vigyan			
2	Topic44.SapekshanidanaVyavacche dakanidana Describe the steps of Vyavacchedakanidana of Ukta Vyadhi and Anukta vyadhi with suitableexamples(Ayurvedaand contemporary science incorporatingclinicalfindingsand investigations)	Horizontal Integration	V-KC ,V-SH ,V- SH L,VS P	
3	Topic1717.Ashtanindita (Endocrine disorders) Correlateanddescribethfeatures of Hormonal/ Endocrinal diseases (Pituitary disorders, Parathyroid disorders, Adrenal disorders etc.) with Ashtanindita	Vertical Integration	V-BL	
4	Topic1818.Janapadodhwamsavikara (Pandemic disorders) Describesadharanaand asadharanahetu forJanapadodhwamsaVikaraand correlate with contemporary etiologies	Horizontal Integration	RN- KC- SW	
5	Topic2323.Infectionand Nutritional disorders DescribecomponentsofNutrition, and classify nutritional disorders	Vertical Integration	H-SW	



6	Describe Macro nutritional disorders, Watersoluble vitamins deficiency disorders and Fat soluble vitamins deficiency disorders	Horizontal Integration	RN-KC-SW	
7	Describe Protein Energy Malnutrition in adults and differentiate Kwashiorkor and Marasmus	Horizontal Integration	RN-KC-BL	
SUBJECT CODE: AyUG-SW				
1	Topic 2 Healthy Lifestyle - Dinacharya (Daily regimen) Explain the Anjanadravyas for Swastha and their benefits	Vertical Integration	V - SHL	
2	Explain the dravyas used with their doses for Pratimarsha Nasya and their benefits.	Vertical Integration	V-PC	
3	Describe the various kaal for administering Pratimarsha Nasya as per day and season (ritu)	Vertical Integration	V-PC	
4	Describe the occupation/activity in which Pratimarsha Nasya can be used as a health promotive measure.	Vertical Integration	V-PC	
5	Describe the applied aspects of Sarvanga Abhyanga, Padabhyanga, Shiroabhyanga and	Vertical Integration	V-PC	
6	Explain the application of Abhyanga, according to different age groups and occupation/activity	Vertical Integration	V-PC	
7	Describe and compare the dravyas, benefits, and application of Udvartana, Udgharshana and Utsadana.	Vertical Integration	V-KC	
8	Topic 6 Sadvritta Describe Digital health problems	Vertical Integration	VSHL	
9	Explain the role of trigunas and satvavajaya in mental health promotion in present era.	Vertical Integration	V-KC	



10	Topic7Ahara Explain the importance of Nityasevaniyadravyasinthe maintenance of health	Vertical Integration	H-DG	
11	Explain the properties (Guna& karmas)ofAharadravyasinthe following vargas with their nutritivevalue: Dhanyavarga– Shuka Dhanya (Cereals and Millets), Shami Dhanya (Pulses), ShakaandHaritavarga(Leafyand Non leafy vegetables), Kanda varga (roots and tubers), Phalavarga(Fruits),Tailavarga (Fats and Oils), Ikshuvarga(Sugarcane Products)&Madyavarga(Alcoholic Beverages), Dugdhavarga (Milk and Milk products), Ahara UpayogiVarga (Spices &Condiments), Kritannavarga(PreparedFood), Mamsavarga (Meat types) and JalaVarga	Vertical Integration	H-DG	
12	Explain the concept of Viruddhaaharawithclassicaland modern-day examples and the application of this in the prevention of diseases	Vertical Integration	H-AT	
13	Practical Topic3Ahara	Vertical Integration	H-DG	



INTEGRATION CLASSES-TIMETABLE

First professional BAMS

II TERM – 2026

Sl.No	Topic	Integration	Dept	Teacher In charge
Subject Code: AyUG-RS				
1	Illustrate the applied aspect of Sandhi and introduction of diseases of Sandhi explained in Ayurveda	Vertical Integration	KC	
2	Demonstrate the examination of synovial joints	Vertical Integration	H-RN	
3	Describe and demonstrate the muscles of upper and lower extremity with their origin, insertion, action & nerve supply and applied aspect and its role in Yogasana	Vertical Integration	H-SW	
4	Describe and demonstrate muscles of thorax and abdomen with their origin, insertion, action & nerve supply and applied aspect and its role in Yogasana	Vertical Integration	H-SW	
5	Describe and demonstrate muscles of back with origin, insertion, action & nerve supply and applied aspect and role in Yogasana	Vertical Integration	H-SW	
6	Locate the Vedhya Sira in the body according to region	Vertical Integration	Shalya	
7.	Describe the applied aspect of Siravedha	Vertical Integration	Shalya	



8.	Narrate the importance of marma in Sharir and Shalya vigyan	Vertical Integration	Shalya	
9.	Demonstrate the Marma location as per modern anatomy	Vertical Integration	PK	
10.	Explain the clinical anatomy of Pleura	Vertical Integration	KC	
11.	Describe the anatomical structure of Kidney, Ureter, Urinary bladder, Urethra	Vertical Integration	Kayachi kitsa /Panchk arma/Sh alaya-Tantra	
12.	State the Moolsthana of all Srotasa as per Acharya Sushrut and Charak and its clinical aspect	Vertical Integration	PK	

Subject Code: AyUG-SA I

1.	To classify the shukadhanya (cereals)	Vertical Integration	V-	
2.	Enumerate the qualities of each shukadhanya (cereals). Classify the shimbidhanya (pulses) Enumerate the qualities of each shimbidhanya (pulses) Enumerate the qualities of each shimbidhanya (pulses) Enumerate the qualities of various types of fruit. Enumerate the qualities of various types of medicinal dravyas (herbs)	Vertical Integration	H-DG	
3.	Enumerate the qualities of various types of krtannavarga (cooked food)	V	RSBK	



4.	Identify the characteristics adulterated food stuffs Describe the symptoms caused by poisoned or adulterated food Discuss the treatment module for poisoning	V	AT	
5.	Describe the formation of rasa from mahabhoota Identify the examples and exceptions of the six rasa Analyze the tartamatva of rasas (hierarchy of rasa on the basis of Vcharacteristics) Enlist the 63 types of permutation and combination of rasa	V	DG	
6.	Enumerate few Shiro Virechana Dravya & Main Indications Enumerate few Vamana Dravya & Main Indications Enumerate few Virechana Dravya & Main Indications Enumerate few Asthapana Basti Dravya & Main Indication Enumerate few Anuvasana Basti Dravya & Main Indications Identify the dravyas on the basis of actions.	V	DG	
7.	Enumerate the names & Main Indications of 28 Types of Yavagu	V	RSBK	
8.	Explain the Importance Of Panchakarma	V	PK	
9.	Mention Thirty Two ChurnaPradeha& Main Indications		RSBK	



10.

Explain Matravat Ahara
Define and enlist Nature of Ahara (Guru, Laghu)
Explain the significance of Matravat Ahara Phala
Discuss role of Ahara Sevana Vidhana on the bases
Define Swasthavrutta
Explain Anjana
Explain Dhumapana
Explain Nasya
Explain Dantadhavana.
Explain Jivhanirlekha
Explain Gandusha
Explain Abhyanga with types
Describe Parimarjana Describe the Vastra Gandha Malyadi Dhana
Explain the concept Shouchavidhi
Discuss the Kshaya Karma
Define Padatradharan with importance

SW

SUBJECT CODE: AyUG-KS

1	Describe general properties & functions of pitta dosha and explain the normal guna, karma of pitta Dosha in a healthy person.	Vertical Integration	H-RN	
2.	Interpret which type of pitta dosha gets vitiated and in which clinical condition the use of proper aahar dravya is prevalent as per kshaya, vridhhi of pitta dosha	Vertical Integration	SW	
3.	State importance of prakriti shleshmika bala / veerya & vikrit shleshmika mala & find out significance of above cognitive in applied aspect	Vertical Integration	KC	
4	Interpret which type of kapha dosha gets vitiated and in which clinical condition the use of proper aahar dravya is prevalent as per kshaya, vridhhi of kapha dosha.	Vertical Integration	SW	



5	Describe etiological factors causing Tridoshavridhi & kshaya on the basis of dravya, guna, karma, aahaar& vihara.	Vertical Integration	DG	
6	Explain the Concept of kriyakala & enumerate stages of kriyakala.	Vertical Integration	RN	
7	Similarities & difference between the sharirik& manas prakriti descriptions given in various Samhitas.	Vertical Integration	Kayachikitsa	
8.	Describe the relevance of desha, kala, rituvaya, ahara, vihara satmya, aushadha of parents especially of mother on rakriti of individual.	Vertical Integration	KC	

SUBJECT CODE: AyUG-SANSKRIT AND AI

1	Explain the meaning of the words and their synonyms with the help of their nirukti (निरुक्तिः) A) आयाः, शरीर, मनः, अनग्रः, विलम्बः, र्वातः, नपिम, कफः B) रस, रि, मांसांस, मेद, अनस्थ, मज्जा, शि, इनन्नयम, वित्तोत्र, चि, रसना, घ्राण C) धी, धनृत्, स्मनृत्, बुद्धि, मनतप्रज्ञा, मत्रू, परीषः, स्वेद, आत्मा, रोगः, ननदानम्, रोनगः, भेषिनचनकत्सा, आनद	Integration	SAMHITHA	
2	Outline the importance of Madhavakara, Vijayarakshita, Shrikanthadatta and justify Nidane Madhava Shreshtha	Vertical Integration	RN	

NOTE

- ALL DEPARTMENTS SHOULD SUBMIT THEIR DEPARTMENTAL ACTIVITIES REPORT WITH GEO TAGGED PHOTO CONDUCTED IN THE MONTH OF JULY, RELATED TO CRITERION I (VALUE ADDED COURSES, ADD ON COURSES, INTEGRATED CLASSES, ETC) TO IQAC BY THE END OF THE MONTH.

De
18/07/2026

CRITERION I INCHARGE

1) Dr. Vinod Kumar R. H.

2) Dr. Ajayamalatesh. N.M.

Khl
18/7/26
IQAC COORDINATOR

Pr
18/7/26
PRINCIPAL

PRINCIPAL

**Spoorthi Ayurvedic Medical College &
Dr.S.V.Savadi Ayurvedic Hospital,
Havanagar, GANGAVATHI-583 227.**