Atreya Ayurveda Pratisthana® Spoorthi Ayurveda Medical College and Dr S.V.Savadi Ayurvedic Medical college Gangavathi

ISO 9001:2015 Recognized Institution

(Recognized By Govt. of Karnataka & N.C.L.S.M. New Delhi)

(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore) Dated: 26-05-2025

Ref: SAMC/Dr SVSAH/Gvt/ IYD /2025- 39

IQAC Circular

Respected Sir / Madam,

Sub: International Day of Yoga 21st June 2025 Reg

As per the above subject NCISM initiative with Ref .No Sec/Commission /IYD -2025 dated on 19-05-2025 that International day of yoga every year celebrated on 21st June 2025. You are requested to kindly conduct the following events as fallows.

- 1. Sunrise yog seminar
- 2. Group class / workshop
- 3. Yoga picnic activity
- 4. Work place yoga service Y Break
- 5. Yoga with pets
- 6. Yoga challenges
- 7. Posture innovation
- 8. Join Yoga Olympaid Being held in your region / state
- 9. Family yoga
- 10. Chain yoga

IQAC CO-ORDINATOR

Spoorthi Ayuryedic Medical College & Dr. S.V. Savadi Ayurveda Hospital

Gangavathi-583227.

Copy to:-

1. First Professional BAMS class teacher

2. Second Professional BAMS Class teacher

3. Office copy

PRINCIPAL

Spoorthi Ayurvedic Medical Collage Dr. S.V Savadi Ayurvedic Hospital

Vidyanagar, Gangavathi-583227.